

Varvtidslista
Borås 6h 2016
2016-11-12

Startnr	Namn	Klubb	Resultat
70	Sundén Therese	Lonesome runners	
		4:51	4:51
		8:33	13:24
		8:28	21:52
		10:46	32:38
		7:57	40:36
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		8:02	1:13:13
		8:21	1:21:34
		8:16	1:29:51
		20:39	1:50:30
74	Thorén Anneli	Umara Sports Club	
		5:23	5:23
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		9:13	24:23
		7:48	32:12
		11:08	43:20
		7:57	51:18
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		8:27	1:21:14
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		9:02	1:41:06
		12:04	1:53:10
253	Nilsson Hanna	Solvikingarna	
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65 Sandström Matilda	6:22	Jönköping OK	3:18:11	
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	72 Svalander Charlotta		Ingen Klubb	
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58 Nyström Ulrika		LK TV-88		
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60 Paraniak Barbro

Team Skavsåret IF

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20 Hernandz Melgar Yudith

Varbergs GIF

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53 Nilsson Karin

Lonesome Runners

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61 Petterson Annie

IK Akele

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8:09	5:24:08

79 Welinder Petra

Lonesome Runners

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46 Magnusson Pia

Lonesome Runners

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	14:02	5:38:04
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21 Hjalmarsson Ása

IK Wilske

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8:42	5:51:26

4 Aronsson Wiwi

SOK Knallen

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17:38	4:47:04
14:49	5:01:53
15:09	5:17:03
18:00	5:35:04
16:35	5:51:39

64 Samuelsson Anna

IFK Skövde FIK

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31 Klerud Linda

Ingen Klubb

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9:14	5:35:29
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6 Berrum Ingela

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27 Josefsson Karina

	SOK Knallen	
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10 Edlund Johanna

Särö

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51 Nilsson Annika

Självvik

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16 Grahn Jennie

David Träningcenter

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78 Wahlström Carina	Östansjö SK	
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	8:38	1:21:33
	8:50	1:30:23
	9:31	1:39:55
	8:55	1:48:50
	8:56	1:57:47
	9:18	2:07:05
	9:46	2:16:52
	13:43	2:30:36
	9:12	2:39:48
	9:42	2:49:31
	9:16	2:58:47
	10:14	3:09:02
	20:05	3:29:07
	10:48	3:39:55
	10:38	3:50:34
	11:25	4:01:59
	16:24	4:18:24
	13:52	4:32:17
	11:28	4:43:45
	10:36	4:54:22
	16:18	5:10:41
	9:54	5:20:35
	10:07	5:30:43
	10:38	5:41:21
	12:36	5:53:57
24 Johanson Annika	Lonesome Runners	
	4:34	4:34
	7:20	11:54
	7:14	19:08
	7:19	26:28
	7:21	33:49
	7:19	41:08
	7:14	48:22
	7:13	55:36
	7:36	1:03:12
	7:11	1:10:24
	7:18	1:17:42
	7:26	1:25:09
	7:28	1:32:37
	7:17	1:39:55
	7:32	1:47:27
	7:26	1:54:53
	7:28	2:02:22
	8:02	2:10:24
	7:16	2:17:40
	8:44	2:26:25
	7:43	2:34:08
	7:21	2:41:29
	8:02	2:49:31
	7:28	2:57:00

8:17	3:05:18
7:32	3:12:51
8:28	3:21:19
7:46	3:29:05
8:18	3:37:24
8:12	3:45:36
7:47	3:53:24
8:33	4:01:57
7:33	4:09:31
8:40	4:18:11
7:35	4:25:47
9:05	4:34:53
8:02	4:42:55
8:08	4:51:04
7:59	4:59:04
8:49	5:07:53
8:28	5:16:22
11:00	5:27:22
8:48	5:36:11
9:07	5:45:18
8:42	5:54:01

2 Andersson Felice

Ingen Klubb

4:38	4:38
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8:57	28:35
7:40	36:15
8:36	44:52
8:19	53:11
9:24	1:02:35
8:05	1:10:41
8:26	1:19:07
8:03	1:27:11
10:02	1:37:14
8:22	1:45:36
8:10	1:53:47
10:12	2:03:59
9:09	2:13:08
10:33	2:23:41
8:36	2:32:18
8:45	2:41:03
14:40	2:55:44
8:31	3:04:16
11:47	3:16:03
10:16	3:26:20
12:38	3:38:59
8:50	3:47:49
11:19	3:59:09
12:33	4:11:42
9:32	4:21:15
15:38	4:36:53
14:04	4:50:58
13:47	5:04:45
11:48	5:16:33
13:40	5:30:14
10:45	5:41:00
13:04	5:54:04

44 Lundin Kristina

Lonesome Runners

7:44	7:44
12:56	20:40
13:03	33:44
13:01	46:45
13:12	59:58
13:07	1:13:05
13:19	1:26:25

	13:27	1:39:52
	13:11	1:53:03
	13:23	2:06:27
	13:33	2:20:01
	13:35	2:33:36
	13:55	2:47:32
	14:04	3:01:37
	14:14	3:15:52
	14:22	3:30:14
	16:54	3:47:09
	14:55	4:02:04
	14:58	4:17:02
	15:18	4:32:21
	15:50	4:48:11
	16:03	5:04:15
	16:10	5:20:25
	16:47	5:37:12
	17:05	5:54:18
67 Skoglycke Sandra	Ingen Klubb	
	6:53	6:53
	14:10	21:03
	12:21	33:25
	12:45	46:10
	9:21	55:31
	12:25	1:07:57
	12:15	1:20:13
	12:40	1:32:54
	9:31	1:42:26
	16:01	1:58:27
	9:32	2:07:59
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	13:15	2:34:37
	13:00	2:47:37
	13:31	3:01:09
	10:08	3:11:18
	13:19	3:24:37
	13:33	3:38:11
	18:30	3:56:41
	14:46	4:11:27
	11:14	4:22:42
	11:41	4:34:24
	23:10	4:57:34
	20:34	5:18:09
	18:11	5:36:20
	17:58	5:54:19
15 Gannerud Kristin	Skövde	
	5:02	5:02
	8:18	13:21
	8:15	21:36
	8:04	29:41
	8:07	37:48
	7:56	45:45
	8:07	53:53
	7:57	1:01:50
	7:52	1:09:42
	8:04	1:17:46
	7:48	1:25:35
	7:57	1:33:32
	8:10	1:41:43
	7:52	1:49:35
	8:06	1:57:42
	7:48	2:05:31
	8:04	2:13:36
	9:40	2:23:17
	8:54	2:32:11

8:11	2:40:23
8:34	2:48:57
8:47	2:57:45
12:47	3:10:32
9:17	3:19:49
9:37	3:29:27
10:31	3:39:59
9:40	3:49:39
9:37	3:59:17
10:29	4:09:46
13:05	4:22:52
9:08	4:32:00
11:08	4:43:09
21:06	5:04:16
4:41	5:08:57
7:18	5:16:15
9:58	5:26:14
9:59	5:36:13
9:19	5:45:33
8:56	5:54:29

75 Thorsson Cecilia

Varbergs Coastrunners

3:56	3:56
6:45	10:42
6:47	17:30
6:49	24:20
6:48	31:08
6:46	37:54
7:11	45:06
6:37	51:43
6:53	58:36
6:49	1:05:26
6:51	1:12:18
6:53	1:19:11
6:56	1:26:07
6:50	1:32:58
6:53	1:39:51
6:42	1:46:34
7:20	1:53:55
8:46	2:02:41
6:38	2:09:19
6:43	2:16:02
6:52	2:22:55
6:56	2:29:52
6:57	2:36:49
6:50	2:43:40
7:41	2:51:22
7:23	2:58:45
7:05	3:05:51
7:26	3:13:17
6:45	3:20:02
6:53	3:26:55
7:14	3:34:10
6:50	3:41:01
6:49	3:47:50
9:40	3:57:31
6:53	4:04:24
6:55	4:11:20
6:56	4:18:16
7:09	4:25:26
6:59	4:32:25
8:44	4:41:10
6:59	4:48:09
7:01	4:55:11
7:07	5:02:18
7:11	5:09:29

13 Falkek Marika

8:45	5:18:14
7:04	5:25:19
7:12	5:32:32
7:15	5:39:47
7:23	5:47:11
7:24	5:54:35

Falkenbergs RR

5:20	5:20
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8:33	31:12
8:36	39:48
8:40	48:28
8:30	56:59
10:47	1:07:46
8:30	1:16:17
8:34	1:24:52
8:41	1:33:34
8:35	1:42:09
8:32	1:50:42
9:05	1:59:47
8:38	2:08:26
8:51	2:17:17
9:08	2:26:25
9:01	2:35:27
9:10	2:44:37
8:51	2:53:28
9:03	3:02:32
9:01	3:11:33
9:20	3:20:53
9:18	3:30:12
8:55	3:39:07
9:22	3:48:30
8:55	3:57:25
9:38	4:07:04
9:48	4:16:53
9:39	4:26:32
9:04	4:35:37
8:52	4:44:30
8:46	4:53:16
9:23	5:02:40
8:55	5:11:36
8:56	5:20:33
8:45	5:29:18
8:47	5:38:05
8:33	5:46:39
8:18	5:54:57

63 Ekendahl S Emma**Lidköping VSK**

6:36	6:36
9:13	15:49
8:31	24:21
9:59	34:20
9:35	43:56
13:08	57:05
9:44	1:06:49
9:46	1:16:36
10:00	1:26:36
10:40	1:37:17
10:26	1:47:43
13:14	2:00:58
11:32	2:12:31
11:30	2:24:01
11:24	2:35:26
12:25	2:47:52
12:09	3:00:01

11:57	3:11:59
13:05	3:25:04
15:57	3:41:02
15:22	3:56:24
14:24	4:10:49
12:17	4:23:06
13:40	4:36:47
14:03	4:50:51
13:05	5:03:56
12:45	5:16:41
12:53	5:29:34
12:53	5:42:28
12:30	5:54:59

38 Le Loan

IFK Skövde Friidrott

4:23	4:23
7:49	12:12
7:58	20:11
7:56	28:08
7:53	36:01
8:05	44:07
7:58	52:06
8:03	1:00:09
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7:58	1:16:19
7:57	1:24:16
8:13	1:32:30
8:01	1:40:32
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8:16	1:56:45
8:02	2:04:47
7:58	2:12:46
8:03	2:20:50
8:18	2:29:08
7:58	2:37:07
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8:10	2:53:18
7:56	3:01:15
7:54	3:09:09
7:55	3:17:05
8:11	3:25:17
7:30	3:32:47
7:51	3:40:38
8:17	3:48:56
8:09	3:57:06
8:24	4:05:30
8:18	4:13:49
8:23	4:22:12
8:16	4:30:29
8:40	4:39:10
8:15	4:47:25
8:29	4:55:55
8:21	5:04:16
8:34	5:12:51
8:50	5:21:41
8:21	5:30:02
8:24	5:38:27
8:34	5:47:01
7:59	5:55:01

76 Thörnblad Malin

Askaremåla RC

5:11	5:11
8:28	13:40
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8:48	30:59
8:33	39:33
8:42	48:16

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9:00	1:24:25
9:16	1:33:42
9:07	1:42:49
9:21	1:52:11
8:56	2:01:08
9:21	2:10:30
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10:13	2:30:18
10:00	2:40:19
10:31	2:50:50
11:13	3:02:03
10:56	3:13:00
10:25	3:23:26
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10:45	3:44:38
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10:50	4:06:22
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10:55	4:28:16
11:04	4:39:20
11:15	4:50:35
11:22	5:01:58
11:39	5:13:37
11:25	5:25:02
10:59	5:36:02
9:12	5:45:15
9:49	5:55:04

250 Smedman Sofia

Träningskonsulten Sport club

3:36	3:36
5:58	9:35
6:04	15:39
5:57	21:37
6:05	27:42
6:05	33:48
5:59	39:47
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5:56	57:40
6:06	1:03:47
5:54	1:09:42
5:54	1:15:36
5:55	1:21:31
5:56	1:27:28
6:06	1:33:34
6:07	1:39:41
6:06	1:45:48
6:10	1:51:59
6:11	1:58:10
6:08	2:04:19
6:04	2:10:23
6:10	2:16:34
5:58	2:22:32
6:03	2:28:36
6:14	2:34:50
6:03	2:40:53
6:01	2:46:54
6:09	2:53:04
6:07	2:59:11
6:12	3:05:24
5:57	3:11:22
6:05	3:17:27
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6:14	3:30:02
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6:10	3:55:10
6:32	4:01:42
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6:33	4:21:08
6:23	4:27:32
6:29	4:34:01
6:27	4:40:28
6:17	4:46:46
7:02	4:53:49
6:44	5:00:34
6:39	5:07:13
8:52	5:16:05
6:39	5:22:45
6:32	5:29:17
6:31	5:35:49
6:53	5:42:43
6:29	5:49:12
6:21	5:55:34

5 Askengren Berg Annika LK TV-88

4:33	4:33
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7:23	19:23
7:40	27:03
7:21	34:25
7:29	41:54
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7:30	1:04:59
8:16	1:13:15
7:28	1:20:43
7:22	1:28:06
8:09	1:36:15
7:29	1:43:45
11:09	1:54:55
7:49	2:02:44
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7:48	3:10:46
8:02	3:18:49
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8:13	4:08:49
7:55	4:16:44
7:52	4:24:36
9:33	4:34:09
7:55	4:42:05
8:43	4:50:48
8:46	4:59:35
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8:16	5:15:49
8:22	5:24:11
8:02	5:32:14

	7:59	5:40:13
	7:42	5:47:56
	7:43	5:55:40
8 Carlgren Hansson Yvonne	Friskis&Svettis Partille	
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	7:26	12:21
	7:29	19:50
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	7:01	34:12
	7:11	41:24
	7:08	48:33
	6:51	55:24
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	7:21	1:09:41
	7:15	1:16:56
	7:24	1:24:21
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	7:28	1:54:22
	7:42	2:02:05
	7:56	2:10:01
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	8:00	2:25:18
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	11:10	2:53:51
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	9:12	3:12:25
	9:59	3:22:25
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	11:38	4:07:19
	8:25	4:15:44
	8:54	4:24:39
	9:01	4:33:40
	8:59	4:42:39
	8:36	4:51:16
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	9:20	5:10:17
	8:39	5:18:57
	8:58	5:27:55
	9:38	5:37:34
	9:05	5:46:40
	9:04	5:55:44
144 Sjöberg Linda	Ingen klubb	
	5:00	5:00
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	7:55	20:48
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	7:53	52:25
	7:58	1:00:24
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	8:52	2:16:56
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9:55	5:46:28
9:33	5:56:01

34 Larsson Marie

IK Jogg

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9:51	34:45
9:38	44:23
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12:06	4:56:36
12:18	5:08:54
10:16	5:19:11
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9:16	5:38:22
8:42	5:47:05
9:22	5:56:27

77 Trollsfjord Anna-Maria

SOK Knallen

4:14	4:14
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7:01	25:17
6:59	32:16
7:00	39:17
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7:02	1:07:39

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8:22	5:16:11
7:56	5:24:08
8:34	5:32:42
8:01	5:40:43
7:59	5:48:42
7:45	5:56:27

47 Manvik Helle

Romerike Ultralöperklubb

4:06	4:06
6:47	10:53
6:51	17:45
6:49	24:34
6:47	31:21
6:48	38:10
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6:59	2:41:20
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8:04	5:18:36
7:44	5:26:20
7:40	5:34:01
7:58	5:42:00
7:34	5:49:34
6:58	5:56:33

14 Fjellström Amanda

Crossfit Trestad

3:39	3:39
6:19	9:58
6:18	16:17
6:19	22:36
6:19	28:55
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6:39	1:07:54
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7:05	1:49:57
7:07	1:57:04
7:09	2:04:13
7:16	2:11:29
7:16	2:18:46
7:33	2:26:19
7:47	2:34:07
7:33	2:41:40
7:38	2:49:19
8:03	2:57:22
7:45	3:05:08
7:49	3:12:57
8:00	3:20:58
7:50	3:28:49
7:51	3:36:40
7:58	3:44:38
8:06	3:52:45
8:01	4:00:47
7:48	4:08:35
8:09	4:16:44
8:07	4:24:52
8:07	4:32:59
8:24	4:41:24
8:32	4:49:56

8:16	4:58:12
8:37	5:06:50
8:36	5:15:27
8:27	5:23:55
8:23	5:32:18
8:23	5:40:42
8:11	5:48:54
7:46	5:56:40

52 Nilsson Helena

Lonesome Runners

5:49	5:49
9:18	15:08
9:48	24:57
10:21	35:19
10:14	45:33
9:40	55:14
14:14	1:09:28
9:25	1:18:54
9:43	1:28:38
9:46	1:38:24
10:35	1:49:00
10:01	1:59:01
10:38	2:09:40
10:16	2:19:56
9:41	2:29:38
9:46	2:39:25
9:59	2:49:24
9:50	2:59:15
10:27	3:09:42
17:50	3:27:32
9:55	3:37:28
9:56	3:47:25
10:14	3:57:39
10:18	4:07:58
10:42	4:18:40
10:02	4:28:43
10:39	4:39:22
10:18	4:49:41
10:18	4:59:59
10:06	5:10:05
10:30	5:20:36
9:07	5:29:43
8:53	5:38:37
8:51	5:47:28
9:12	5:56:41

37 Laxing Maria

Lonesome Runners

5:02	5:02
8:00	13:03
7:48	20:51
7:56	28:48
7:54	36:43
10:39	47:22
9:16	56:39
9:07	1:05:46
8:18	1:14:05
9:12	1:23:17
9:22	1:32:40
9:29	1:42:10
9:57	1:52:07
11:15	2:03:23
9:27	2:12:51
10:14	2:23:05
13:18	2:36:24
11:36	2:48:00
9:35	2:57:35
11:29	3:09:04

10:50	3:19:55
14:27	3:34:22
11:45	3:46:08
15:19	4:01:28
10:48	4:12:16
12:13	4:24:30
12:08	4:36:38
16:26	4:53:05
10:53	5:03:58
10:06	5:14:05
12:03	5:26:09
11:02	5:37:11
10:38	5:47:49
8:53	5:56:43

12 Eriksson Elin

Lonesome Runners

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10:05	1:08:55
11:21	1:20:17
11:39	1:31:57
12:15	1:44:13
12:43	1:56:56
12:53	2:09:50
13:14	2:23:04
13:39	2:36:44
12:54	2:49:38
12:12	3:01:50
12:08	3:13:59
12:06	3:26:05
12:45	3:38:51
12:42	3:51:33
12:43	4:04:17
12:51	4:17:08
12:40	4:29:49
12:39	4:42:28
12:55	4:55:24
12:39	5:08:03
12:45	5:20:48
12:38	5:33:27
12:40	5:46:07
11:04	5:57:11

17 Gustafsson Annica

Zeths slav

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9:01	14:27
10:28	24:55
10:51	35:46
10:08	45:55
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10:42	1:07:07
10:40	1:17:47
11:08	1:28:56
11:10	1:40:06
10:50	1:50:57
11:17	2:02:14
11:42	2:13:57
12:08	2:26:05
12:13	2:38:19
11:55	2:50:14
11:36	3:01:50
12:08	3:13:58

12:06	3:26:05
12:45	3:38:50
12:42	3:51:33
12:43	4:04:17
12:50	4:17:08
12:40	4:29:48
12:39	4:42:28
12:54	4:55:23
12:39	5:08:02
12:45	5:20:48
12:37	5:33:25
12:32	5:45:58
11:14	5:57:12

247 Fredriksson Therese

SOK Knallen

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6:29	1:36:06
6:33	1:42:39
6:47	1:49:27
7:00	1:56:28
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7:07	2:10:30
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7:12	2:25:59
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7:23	5:10:02
7:22	5:17:25
6:56	5:24:21
6:32	5:30:54
6:42	5:37:37
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6:34	5:50:59
6:14	5:57:13

35 Larsson Therese**Lonesome Runners**

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8:35	13:42
8:35	22:18
12:26	34:44
13:13	47:57
13:23	1:01:21
8:30	1:09:52
12:38	1:22:30
15:12	1:37:43
13:18	1:51:01
9:04	2:00:06
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8:03	2:45:56
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8:40	3:23:24
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18:19	3:58:54
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10:46	5:40:23
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8:06	5:57:19

73 Theodorsson Annika**Lonesome Runners**

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15:46	4:45:03

41 Lindgren Anna

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39 Lilja Elin**Colting coaching triathlonklubb**

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49 Mälbrink Sara

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7:12	5:57:28

246 Kihlberg Hanna

Solvikingarna

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29 Karlsson Lina

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40 Lind Bibbi

Solvikingarna

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59 Olsson Melanie

Lerum

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33 Kreutz Anna	Ingen Klubb	
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22 Jacov Börjesson Maria	Lonesome Runners	
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69 Strandberg Hanna	IK Stern	
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10:14	2:05:13
10:25	2:15:39
10:56	2:26:35
10:18	2:36:54
10:50	2:47:44
9:57	2:57:42
10:23	3:08:06
15:38	3:23:45
9:59	3:33:44
10:27	3:44:12
10:30	3:54:43
12:27	4:07:10
10:55	4:18:05
10:22	4:28:28
11:44	4:40:13
10:25	4:50:38
11:27	5:02:05
9:43	5:11:49
9:28	5:21:17
9:38	5:30:56
9:40	5:40:36
9:38	5:50:14
9:26	5:59:40

48 Månsson Martinsson Monica Ingen Klubb

3:56	3:56
6:45	10:42
6:48	17:30
6:49	24:20
6:48	31:08
6:49	37:57
6:47	44:45
6:58	51:43
6:53	58:36
6:49	1:05:26
8:24	1:13:50
6:49	1:20:39
6:42	1:27:22
6:50	1:34:12
6:56	1:41:09
6:55	1:48:04
6:52	1:54:57
6:58	2:01:56
7:01	2:08:58
7:04	2:16:02
7:12	2:23:15
7:00	2:30:15
6:58	2:37:14
7:01	2:44:15
7:06	2:51:22
7:23	2:58:45
7:05	3:05:51
7:27	3:13:18
7:11	3:20:30
7:00	3:27:31

7:04	3:34:35
7:07	3:41:43
7:10	3:48:54
9:49	3:58:43
7:23	4:06:07
7:52	4:13:59
7:57	4:21:56
8:46	4:30:43
7:39	4:38:22
7:20	4:45:42
7:20	4:53:02
7:29	5:00:32
7:22	5:07:55
7:31	5:15:26
7:31	5:22:57
7:31	5:30:29
7:22	5:37:51
7:34	5:45:26
7:30	5:52:57
6:53	5:59:50

42 Johansson Pernilla

Ulricehamns FK

4:10	4:10
6:57	11:07
6:56	18:04
6:50	24:54
6:53	31:48
6:52	38:41
6:45	45:27
6:50	52:17
6:52	59:10
6:52	1:06:02
6:55	1:12:58
6:59	1:19:57
6:50	1:26:48
7:47	1:34:35
7:02	1:41:38
7:00	1:48:38
6:53	1:55:31
7:03	2:02:34
7:12	2:09:47
7:06	2:16:53
7:11	2:24:04
7:16	2:31:21
7:00	2:38:22
7:15	2:45:38
7:25	2:53:03
7:22	3:00:26
7:25	3:07:51
7:17	3:15:08
7:32	3:22:41
7:21	3:30:03
7:38	3:37:42
7:37	3:45:19
8:46	3:54:06
7:52	4:01:58
7:57	4:09:56
7:54	4:17:51
8:15	4:26:06
7:41	4:33:48
7:46	4:41:35
7:33	4:49:09
7:51	4:57:00
7:42	5:04:43
7:59	5:12:42
7:40	5:20:23

	7:42	5:28:05
	7:56	5:36:01
	7:45	5:43:47
	8:13	5:52:00
	7:59	6:00:00
166 Källmark William	Umara Sports Club	
	4:13	4:13
	6:07	10:21
	5:57	16:18
	6:14	22:33
	6:25	28:58
	6:14	35:12
	6:02	41:15
	5:52	47:07
	7:06	54:13
	6:12	1:00:26
	6:05	1:06:32
	5:46	1:12:18
	5:45	1:18:03
	5:53	1:23:56
	5:58	1:29:55
	5:50	1:35:46
	9:58	1:45:44
193 Skårbratt Johan	Ingen Klubb	
	3:21	3:21
	5:50	9:11
	6:22	15:34
	5:19	20:54
	5:35	26:30
	5:43	32:13
	5:46	37:59
	5:53	43:52
	5:50	49:43
	5:51	55:35
	5:52	1:01:27
	5:52	1:07:20
	5:58	1:13:18
	5:57	1:19:16
	5:57	1:25:14
	6:00	1:31:14
	5:58	1:37:12
	6:01	1:43:14
	6:04	1:49:18
	6:06	1:55:25
	6:00	2:01:26
176 Leo Ekdahl Andreas	Lonesome Runners	
	5:03	5:03
	8:24	13:27
	8:25	21:52
	10:46	32:39
	7:57	40:37
	8:05	48:42
	7:49	56:31
	8:08	1:04:40
	8:32	1:13:13
	8:21	1:21:34
	8:16	1:29:51
	9:01	1:38:52
	10:07	1:49:00
	8:33	1:57:33
	10:59	2:08:33
	11:13	2:19:46
138 Hangaard Martin	thecrazymunk	
	5:21	5:21
	8:27	13:48

8:35	22:24
8:41	31:05
9:02	40:08
8:51	49:00
9:02	58:02
9:05	1:07:08
9:15	1:16:23
9:24	1:25:47
9:16	1:35:03
18:40	1:53:44
9:19	2:03:04
10:21	2:13:25
13:46	2:27:12
10:06	2:37:18
13:36	2:50:55
13:29	3:04:25

121 Forslund Daniel

Linköpings Triathlonklubb

4:49	4:49
6:42	11:32
6:34	18:06
6:24	24:31
6:26	30:58
6:33	37:31
6:26	43:58
6:28	50:26
6:34	57:00
6:36	1:03:37
6:33	1:10:10
6:38	1:16:49
6:29	1:23:18
6:29	1:29:47
6:25	1:36:13
6:27	1:42:40
6:24	1:49:04
6:26	1:55:31
6:31	2:02:03
6:38	2:08:41
6:57	2:15:38
9:04	2:24:43
7:10	2:31:54
7:09	2:39:03
10:34	2:49:38
7:43	2:57:21
7:13	3:04:35

109 Diehm Nils

IFK Skövde FIK

3:42	3:42
6:16	9:59
6:10	16:10
6:12	22:23
6:07	28:30
6:10	34:41
6:04	40:45
6:06	46:51
6:09	53:01
6:10	59:12
6:09	1:05:21
6:12	1:11:33
6:20	1:17:54
6:01	1:23:56
6:04	1:30:00
6:13	1:36:14
6:09	1:42:23
6:17	1:48:41
6:23	1:55:05
6:18	2:01:24

6:19	2:07:43
6:22	2:14:05
6:28	2:20:34
6:15	2:26:49
6:24	2:33:14
6:24	2:39:38
6:50	2:46:29
6:49	2:53:18
15:24	3:08:43

242 Zantelid Michael

Umara Sports Club

3:25	3:25
5:59	9:24
5:56	15:20
5:53	21:13
6:00	27:14
5:58	33:13
6:02	39:15
6:02	45:18
5:56	51:14
5:57	57:12
6:36	1:03:49
5:53	1:09:42
5:56	1:15:38
5:59	1:21:37
6:03	1:27:41
5:56	1:33:37
6:03	1:39:41
6:07	1:45:49
9:30	1:55:19
6:05	2:01:24
6:17	2:07:42
6:10	2:13:52
6:15	2:20:08
6:21	2:26:29
6:18	2:32:48
6:20	2:39:09
6:38	2:45:47
6:21	2:52:08
6:15	2:58:24
6:29	3:04:54
6:25	3:11:20
6:49	3:18:09
6:33	3:24:42

249 Rexander Andreas

Lonesome runners

4:34	4:34
7:10	11:45
6:57	18:42
7:03	25:46
7:21	33:08
7:20	40:28
7:34	48:02
7:47	55:50
7:23	1:03:13
7:19	1:10:33
7:09	1:17:42
7:28	1:25:10
7:18	1:32:29
7:25	1:39:55
7:29	1:47:24
7:30	1:54:54
8:11	2:03:05
10:29	2:13:34
7:22	2:20:57
8:17	2:29:14
7:46	2:37:01

	7:34	2:44:36
	10:02	2:54:39
	7:38	3:02:17
	8:35	3:10:53
	7:51	3:18:44
	7:53	3:26:37
141 Hjertström Johan	FK Friskus Varberg	
	5:13	5:13
	8:31	13:44
	8:37	22:21
	8:32	30:54
	9:02	39:57
	9:11	49:09
	9:19	58:28
	13:38	1:12:06
	13:31	1:25:38
	8:22	1:34:00
	9:27	1:43:28
	13:00	1:56:28
	9:08	2:05:37
	19:37	2:25:14
	10:32	2:35:46
	11:28	2:47:15
	13:18	3:00:33
	13:33	3:14:07
	16:09	3:30:16
86 Andergrand Mikael	Team kutatillpuben	
	4:41	4:41
	7:27	12:09
	7:28	19:38
	7:34	27:12
	7:26	34:39
	7:39	42:18
	7:23	49:42
	8:03	57:45
	7:27	1:05:12
	8:06	1:13:18
	7:20	1:20:39
	7:44	1:28:23
	7:27	1:35:51
	10:12	1:46:03
	7:52	1:53:56
	8:30	2:02:26
	7:51	2:10:18
	8:58	2:19:16
	8:08	2:27:25
	10:35	2:38:00
	8:31	2:46:32
	12:11	2:58:44
	12:12	3:10:56
	17:10	3:28:07
	15:06	3:43:14
56 Bertilsson Lasse	SOK Knallen	
	3:38	3:38
	6:19	9:57
	6:19	16:16
	6:19	22:36
	6:19	28:55
	6:16	35:12
	6:19	41:31
	6:15	47:46
	6:20	54:07
	6:26	1:00:33
	6:21	1:06:55
	6:34	1:13:30

6:25	1:19:56
6:23	1:26:19
6:23	1:32:43
6:22	1:39:06
6:44	1:45:50
6:34	1:52:24
6:32	1:58:57
6:26	2:05:23
6:31	2:11:55
6:24	2:18:20
6:32	2:24:52
7:07	2:32:00
6:39	2:38:39
6:38	2:45:17
7:09	2:52:27
6:53	2:59:20
10:23	3:09:44
9:09	3:18:53
9:47	3:28:40
7:24	3:36:04
8:44	3:44:49

183 Luks Mattias

Vegan Runners IK

4:33	4:33
7:09	11:43
7:01	18:44
7:02	25:47
6:56	32:43
7:11	39:54
7:07	47:02
7:12	54:14
7:03	1:01:17
7:01	1:08:19
7:07	1:15:26
6:54	1:22:20
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7:01	1:36:22
7:06	1:43:28
7:12	1:50:40
7:31	1:58:12
7:07	2:05:19
7:10	2:12:30
7:09	2:19:39
7:17	2:26:57
7:25	2:34:23
8:11	2:42:34
11:09	2:53:44
8:35	3:02:20
8:11	3:10:32
9:10	3:19:42
10:44	3:30:26
14:23	3:44:50

223 Svalander Olle

Gryffindor

5:37	5:37
8:16	13:54
8:29	22:24
9:25	31:49
8:20	40:09
8:41	48:50
9:54	58:45
9:53	1:08:38
9:26	1:18:04
9:42	1:27:47
8:53	1:36:40
8:39	1:45:20
8:25	1:53:45

8:37	2:02:22
10:30	2:12:53
9:32	2:22:26
8:52	2:31:19
8:22	2:39:41
9:28	2:49:09
9:11	2:58:21
9:52	3:08:14
9:42	3:17:56
8:51	3:26:48
10:45	3:37:34
13:48	3:51:22

145 Hällstorp Georg

Vi som springer

3:53	3:53
6:35	10:28
6:32	17:01
6:29	23:31
6:23	29:54
6:22	36:17
6:15	42:32
6:13	48:46
6:15	55:02
6:13	1:01:15
6:08	1:07:23
6:22	1:13:46
6:17	1:20:04
6:22	1:26:26
6:20	1:32:46
6:25	1:39:11
6:11	1:45:23
6:23	1:51:46
6:27	1:58:13
6:24	2:04:38
6:30	2:11:08
6:34	2:17:43
6:44	2:24:27
6:35	2:31:03
6:39	2:37:42
6:47	2:44:29
6:53	2:51:22
7:01	2:58:24
7:12	3:05:36
7:33	3:13:09
7:53	3:21:03
7:21	3:28:25
7:12	3:35:37
19:14	3:54:52

128 Geerts Jos

Håfrestöms if

3:57	3:57
6:52	10:50
6:47	17:37
6:43	24:21
6:39	31:01
6:42	37:44
6:40	44:24
6:40	51:04
7:11	58:16
7:16	1:05:32
6:49	1:12:22
6:49	1:19:11
6:54	1:26:06
6:45	1:32:52
7:00	1:39:52
6:50	1:46:42
6:37	1:53:19

6:43	2:00:03
6:36	2:06:39
6:43	2:13:23
7:05	2:20:28
6:38	2:27:06
6:37	2:33:44
6:40	2:40:24
6:44	2:47:09
7:12	2:54:22
6:43	3:01:05
6:30	3:07:36
6:38	3:14:15
6:39	3:20:54
6:49	3:27:44
6:50	3:34:34
7:06	3:41:41
13:17	3:54:58

206 Petersson Stefan

Linköpings Löparklubb

3:10	3:10
5:32	8:43
5:35	14:19
5:45	20:04
5:51	25:55
5:53	31:49
5:55	37:44
5:58	43:43
5:56	49:40
5:53	55:33
5:54	1:01:28
6:09	1:07:37
6:20	1:13:58
6:29	1:20:27
8:15	1:28:42
6:23	1:35:06
6:35	1:41:41
6:42	1:48:23
6:50	1:55:14
7:23	2:02:38
6:54	2:09:32
7:00	2:16:33
7:17	2:23:50
7:20	2:31:10
7:54	2:39:05
8:15	2:47:20
8:07	2:55:28
8:40	3:04:08
10:37	3:14:46
9:52	3:24:38
12:16	3:36:55
9:17	3:46:13
12:18	3:58:31
16:31	4:15:03

151 Johansson Kent

Östansjö SK

4:18	4:18
7:05	11:23
7:06	18:29
7:05	25:35
7:06	32:41
7:12	39:53
7:07	47:00
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7:06	1:01:20
7:20	1:08:41
7:09	1:15:50
7:17	1:23:07

7:12	1:30:20
7:13	1:37:34
7:33	1:45:07
7:12	1:52:20
7:27	1:59:47
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7:40	2:37:51
8:35	2:46:26
8:01	2:54:28
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8:03	3:19:06
9:11	3:28:17
8:25	3:36:42
9:56	3:46:38
11:56	3:58:35
9:03	4:07:38
9:04	4:16:43
14:59	4:31:43

108 Darefors Anders

Runacademy IF

5:12	5:12
7:36	12:48
7:21	20:10
7:06	27:16
7:01	34:18
7:04	41:22
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7:10	1:02:52
7:05	1:09:57
7:20	1:17:18
8:03	1:25:21
7:04	1:32:26
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7:08	1:53:57
7:10	2:01:07
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7:25	2:15:57
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7:39	2:30:51
7:54	2:38:45
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7:59	2:54:28
10:00	3:04:29
8:36	3:13:05
10:09	3:23:14
10:17	3:33:32
10:52	3:44:24
11:00	3:55:25
14:25	4:09:50
11:41	4:21:32
11:53	4:33:26

244 Öberg Anton

Röbacka

4:48	4:48
7:05	11:53
6:45	18:39
6:48	25:27
6:39	32:06
6:55	39:02
6:58	46:01
7:03	53:04

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7:36	1:08:00
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9:21	1:57:25
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11:09	2:17:33
9:56	2:27:30
14:23	2:41:54
9:49	2:51:43
10:00	3:01:43
19:09	3:20:52
10:46	3:31:39
18:47	3:50:26
20:41	4:11:08
23:41	4:34:49

110 Dolff Fredrik

Alingsås Rugby

4:18	4:18
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6:58	18:17
7:04	25:22
7:10	32:32
7:08	39:41
7:14	46:56
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7:04	1:01:14
7:13	1:08:27
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7:00	1:22:48
7:00	1:29:48
7:05	1:36:53
7:09	1:44:02
7:03	1:51:05
7:05	1:58:11
7:06	2:05:17
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8:24	2:45:09
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15:17	3:24:52
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7:31	4:03:48
8:07	4:11:56
8:14	4:20:10
7:43	4:27:53
9:56	4:37:50

224 Svantesson Mikael

Timmele

4:59	4:59
7:53	12:53
7:54	20:47
7:48	28:35
7:41	36:16
7:51	44:08
7:47	51:55
7:50	59:46
7:44	1:07:31
8:29	1:16:00

7:51	1:23:52
8:00	1:31:53
7:56	1:39:49
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8:03	1:56:56
7:53	2:04:50
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8:16	3:39:39
9:30	3:49:10
9:10	3:58:20
10:40	4:09:00
11:00	4:20:01
13:19	4:33:21
12:33	4:45:54

158 Jutemar Lasse

SOK Knallen

4:57	4:57
8:26	13:24
8:25	21:49
8:06	29:56
8:22	38:18
8:05	46:23
8:13	54:37
8:11	1:02:48
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9:07	3:57:25
9:38	4:07:03
8:54	4:15:57
8:56	4:24:53
8:57	4:33:51
12:28	4:46:20

178 Lind Tony

Team Kutatillpuben

4:41	4:41
7:27	12:09
7:29	19:38
7:33	27:11
7:26	34:38
7:40	42:18

7:24	49:42
8:01	57:44
7:28	1:05:12
8:05	1:13:18
7:20	1:20:38
7:44	1:28:23
7:27	1:35:51
10:11	1:46:02
7:51	1:53:54
8:31	2:02:25
7:49	2:10:15
8:27	2:18:42
7:27	2:26:10
10:13	2:36:23
7:35	2:43:59
9:02	2:53:01
9:13	3:02:15
11:08	3:13:23
7:54	3:21:17
9:21	3:30:39
13:50	3:44:29
9:18	3:53:48
11:08	4:04:56
12:05	4:17:02
8:31	4:25:33
10:33	4:36:06
12:07	4:48:14

175 Lenelid Linus

Team Kutatillpuben

4:41	4:41
7:27	12:09
7:28	19:38
7:34	27:12
7:26	34:39
7:39	42:18
7:23	49:42
8:03	57:45
7:26	1:05:12
8:06	1:13:18
7:20	1:20:39
7:44	1:28:23
7:27	1:35:51
10:12	1:46:03
7:52	1:53:56
8:29	2:02:25
7:49	2:10:15
8:27	2:18:42
7:28	2:26:10
10:13	2:36:24
7:34	2:43:58
9:03	2:53:01
9:13	3:02:15
11:08	3:13:24
7:54	3:21:18
9:21	3:30:39
13:50	3:44:30
9:17	3:53:48
11:07	4:04:56
12:06	4:17:02
8:31	4:25:33
10:34	4:36:07
12:08	4:48:16

203 Pena Miguel

Vi som springer

3:54	3:54
6:07	10:01
6:13	16:15

6:11	22:27
6:23	28:50
6:18	35:09
6:21	41:31
6:30	48:01
6:29	54:31
7:30	1:02:01
6:27	1:08:28
6:32	1:15:01
6:31	1:21:32
6:29	1:28:02
6:37	1:34:40
6:38	1:41:18
6:42	1:48:00
7:58	1:55:59
6:50	2:02:49
6:49	2:09:39
6:50	2:16:30
11:32	2:28:02
6:44	2:34:47
6:32	2:41:20
6:39	2:47:59
6:55	2:54:54
12:34	3:07:28
12:54	3:20:23
13:06	3:33:30
13:03	3:46:33
13:22	3:59:55
13:20	4:13:15
13:17	4:26:33
13:56	4:40:29
12:52	4:53:22

142 Holmén Sven-Gunnar

Mariestad Aif

5:02	5:02
7:44	12:46
7:27	20:14
8:18	28:32
7:38	36:11
7:52	44:04
7:37	51:42
7:57	59:39
7:46	1:07:26
9:01	1:16:27
7:49	1:24:17
7:40	1:31:57
7:43	1:39:40
8:41	1:48:22
7:39	1:56:02
7:42	2:03:45
7:46	2:11:31
8:50	2:20:22
7:42	2:28:04
7:44	2:35:48
8:22	2:44:10
7:47	2:51:58
7:42	2:59:41
8:53	3:08:35
8:20	3:16:55
8:48	3:25:44
8:21	3:34:05
10:14	3:44:19
8:26	3:52:46
8:36	4:01:22
8:43	4:10:05
9:04	4:19:09

	9:20	4:28:30
	10:05	4:38:35
	9:20	4:47:56
	10:16	4:58:12
202 Paraniak Jan	Team Skavsåret IF	
	4:22	4:22
	7:01	11:24
	7:05	18:29
	7:29	25:58
	7:13	33:12
	7:56	41:09
	7:43	48:52
	7:12	56:05
	7:13	1:03:18
	8:56	1:12:15
	7:28	1:19:43
	7:26	1:27:09
	8:48	1:35:58
	7:36	1:43:34
	8:15	1:51:50
	9:25	2:01:15
	8:40	2:09:55
	9:01	2:18:57
	9:05	2:28:02
	9:48	2:37:51
	9:41	2:47:32
	8:35	2:56:07
	10:27	3:06:35
	10:41	3:17:16
	12:25	3:29:42
	11:12	3:40:55
	13:02	3:53:57
	9:45	4:03:42
	10:52	4:14:35
	11:50	4:26:25
	11:57	4:38:23
	13:05	4:51:28
	9:22	5:00:50
89 Backman Mattias	Lonesome Runners	
	5:26	5:26
	8:29	13:55
	8:29	22:24
	8:30	30:55
	8:33	39:28
	8:27	47:56
	8:25	56:21
	8:35	1:04:57
	8:49	1:13:47
	8:46	1:22:34
	12:59	1:35:34
	11:49	1:47:23
	12:31	1:59:54
	12:53	2:12:47
	11:52	2:24:40
	12:04	2:36:44
	10:47	2:47:32
	13:56	3:01:29
	13:56	3:15:25
	13:54	3:29:19
	14:00	3:43:20
	13:54	3:57:14
	13:20	4:10:35
	11:39	4:22:15
	25:56	4:48:11
	14:43	5:02:55

170 Larsson Fredrik**Borås SK**

4:34	4:34
7:25	12:00
7:24	19:25
7:18	26:43
7:17	34:00
7:28	41:28
7:22	48:51
7:23	56:14
7:34	1:03:49
7:32	1:11:22
7:23	1:18:46
7:29	1:26:15
7:21	1:33:36
7:28	1:41:05
7:34	1:48:39
7:28	1:56:08
7:33	2:03:42
8:09	2:11:51
7:38	2:19:30
7:42	2:27:12
8:02	2:35:15
7:44	2:42:59
8:20	2:51:20
7:53	2:59:13
8:10	3:07:23
8:09	3:15:33
8:10	3:23:44
11:41	3:35:26
8:15	3:43:41
10:27	3:54:08
9:15	4:03:24
8:22	4:11:46
13:35	4:25:21
14:15	4:39:36
12:16	4:51:53
11:36	5:03:30

251 Stenqvist Viktor**Axa**

3:42	3:42
6:16	9:59
6:10	16:10
6:12	22:22
6:07	28:30
6:09	34:39
6:05	40:45
6:04	46:50
6:11	53:01
6:10	59:12
6:09	1:05:21
6:12	1:11:33
6:20	1:17:54
6:01	1:23:56
6:14	1:30:10
6:04	1:36:14
6:08	1:42:23
6:18	1:48:41
6:23	1:55:04
6:18	2:01:23
6:19	2:07:42
6:22	2:14:04
6:29	2:20:34
6:15	2:26:49
6:24	2:33:13
6:24	2:39:38
6:41	2:46:19

6:15	2:52:34
6:29	2:59:04
6:28	3:05:33
6:17	3:11:50
7:08	3:18:58
6:34	3:25:33
6:28	3:32:01
6:51	3:38:53
6:57	3:45:50
7:34	3:53:24
16:24	4:09:48
9:56	4:19:45
18:57	4:38:43
18:40	4:57:23
10:07	5:07:31
7:20	5:14:51
7:07	5:21:59
8:24	5:30:23

139 Henningsson Niklas

AIK

5:00	5:00
8:14	13:14
7:38	20:52
7:21	28:14
7:25	35:39
7:39	43:19
7:31	50:51
7:48	58:39
7:41	1:06:20
8:40	1:15:00
7:41	1:22:42
7:39	1:30:21
8:00	1:38:21
8:55	1:47:17
7:27	1:54:44
7:28	2:02:12
7:48	2:10:01
7:14	2:17:15
7:32	2:24:47
7:54	2:32:42
7:36	2:40:18
9:33	2:49:52
8:02	2:57:54
8:22	3:06:17
8:27	3:14:45
10:19	3:25:04
8:39	3:33:43
8:46	3:42:29
10:12	3:52:42
9:20	4:02:02
10:18	4:12:21
9:30	4:21:51
9:53	4:31:44
11:34	4:43:18
11:30	4:54:49
12:25	5:07:14
11:58	5:19:13
13:26	5:32:40
12:09	5:44:49

219 Sjölin Daniel

Lynx Multisport Team

3:57	3:57
6:42	10:40
6:49	17:29
6:45	24:14
6:22	30:37
10:34	41:12

6:35	47:47
6:51	54:39
7:52	1:02:32
7:46	1:10:19
6:57	1:17:16
6:50	1:24:07
15:48	1:39:55
6:45	1:46:41
7:04	1:53:46
6:50	2:00:36
13:31	2:14:07
7:11	2:21:19
7:18	2:28:37
7:01	2:35:39
14:07	2:49:47
7:14	2:57:01
7:35	3:04:36
7:09	3:11:46
12:55	3:24:42
7:34	3:32:17
7:36	3:39:53
14:57	3:54:50
7:47	4:02:38
7:13	4:09:51
7:27	4:17:19
7:35	4:24:55
15:02	4:39:57
8:37	4:48:35
7:44	4:56:20
12:26	5:08:46
16:04	5:24:50
13:08	5:37:59
11:46	5:49:45

164 Kristiansson Magnus

LK TV-88

4:41	4:41
7:40	12:21
7:45	20:07
7:48	27:55
7:59	35:55
7:58	43:53
7:58	51:52
8:02	59:54
7:54	1:07:49
8:46	1:16:36
8:13	1:24:49
8:02	1:32:52
8:01	1:40:53
8:40	1:49:34
8:23	1:57:58
8:46	2:06:45
8:21	2:15:06
8:28	2:23:35
8:33	2:32:08
8:57	2:41:06
9:31	2:50:37
9:17	2:59:55
9:33	3:09:28
9:20	3:18:49
9:43	3:28:33
10:18	3:38:51
9:58	3:48:50
10:26	3:59:16
9:36	4:08:53
10:11	4:19:04
10:40	4:29:44

9:41	4:39:25
9:53	4:49:18
10:28	4:59:47
10:06	5:09:54
9:58	5:19:53
9:57	5:29:51
9:55	5:39:46
10:54	5:50:41

101 Brännmyr Jonas

Nature Running

3:48	3:48
6:34	10:22
6:39	17:02
6:37	23:40
6:41	30:21
6:46	37:07
6:51	43:59
6:55	50:55
6:57	57:53
6:59	1:04:52
6:59	1:11:51
6:58	1:18:50
7:00	1:25:50
6:58	1:32:49
7:02	1:39:51
7:01	1:46:52
6:55	1:53:48
9:10	2:02:58
7:21	2:10:19
7:24	2:17:44
7:27	2:25:11
7:32	2:32:44
7:37	2:40:22
7:39	2:48:01
7:52	2:55:54
7:54	3:03:48
7:57	3:11:46
11:15	3:23:01
7:55	3:30:56
11:43	3:42:39
8:11	3:50:51
8:31	3:59:23
8:52	4:08:16
9:20	4:17:36
9:05	4:26:42
9:42	4:36:24
9:31	4:45:56
9:43	4:55:40
11:26	5:07:06
10:19	5:17:25
11:14	5:28:39
11:11	5:39:51
11:00	5:50:52

252 Andersson Torgny

Ingen Klubb

4:16	4:16
6:50	11:06
6:40	17:46
6:46	24:33
6:48	31:21
7:10	38:32
6:59	45:32
7:04	52:37
8:28	1:01:05
6:54	1:07:59
6:59	1:14:58
7:06	1:22:05

7:28	1:29:33
6:56	1:36:30
6:49	1:43:19
6:42	1:50:02
6:45	1:56:47
9:07	2:05:54
7:02	2:12:57
7:06	2:20:04
7:01	2:27:05
7:54	2:35:00
7:17	2:42:17
7:23	2:49:41
7:47	2:57:29
7:31	3:05:00
7:24	3:12:24
7:45	3:20:09
11:35	3:31:45
7:08	3:38:54
7:24	3:46:19
7:41	3:54:01
7:02	4:01:03
21:35	4:22:38
8:26	4:31:04
9:58	4:41:03
12:50	4:53:54
15:49	5:09:43
12:10	5:21:54
8:19	5:30:14
7:41	5:37:55
7:15	5:45:11
6:32	5:51:43

199 Olofsson Björn

IFK Skövde fik

4:36	4:36
6:56	11:32
6:45	18:17
6:33	24:51
6:28	31:19
6:42	38:02
6:23	44:25
6:18	50:44
6:24	57:08
7:23	1:04:32
6:27	1:10:59
6:28	1:17:28
6:40	1:24:08
6:31	1:30:39
6:33	1:37:13
7:02	1:44:15
6:43	1:50:59
6:48	1:57:47
7:37	2:05:25
6:53	2:12:18
7:06	2:19:25
6:55	2:26:20
7:27	2:33:47
7:08	2:40:55
7:28	2:48:24
13:32	3:01:56
7:16	3:09:12
7:17	3:16:29
7:21	3:23:51
8:25	3:32:16
7:50	3:40:07
7:40	3:47:47
8:00	3:55:47

	8:37	4:04:25
	8:14	4:12:39
	14:04	4:26:43
	8:10	4:34:54
	7:52	4:42:46
	8:26	4:51:12
	8:07	4:59:20
	8:32	5:07:53
	8:17	5:16:11
	8:30	5:24:42
	8:41	5:33:23
	9:33	5:42:56
	8:54	5:51:51
102 Börjesson Per	Östansjö SK	
	4:16	4:16
	7:06	11:23
	7:14	18:38
	6:57	25:35
	6:59	32:35
	7:02	39:38
	7:05	46:43
	7:09	53:53
	7:13	1:01:06
	7:17	1:08:24
	7:20	1:15:44
	7:16	1:23:01
	7:24	1:30:26
	7:45	1:38:11
	7:24	1:45:35
	7:29	1:53:05
	7:46	2:00:51
	8:02	2:08:54
	7:59	2:16:53
	8:49	2:25:42
	8:23	2:34:06
	9:35	2:43:41
	9:25	2:53:06
	10:43	3:03:50
	9:47	3:13:38
	10:16	3:23:54
	10:12	3:34:07
	10:16	3:44:24
	10:00	3:54:25
	10:18	4:04:43
	10:17	4:15:00
	10:40	4:25:40
	10:35	4:36:16
	11:23	4:47:39
	11:08	4:58:48
	10:47	5:09:35
	10:42	5:20:18
	9:59	5:30:17
	10:33	5:40:51
	11:02	5:51:54
185 Fornemyr Mathias	Ingen Klubb	
	5:01	5:01
	7:53	12:54
	7:55	20:50
	7:54	28:45
	8:10	36:55
	8:02	44:58
	7:54	52:52
	8:29	1:01:22
	7:58	1:09:21
	7:49	1:17:10

7:55	1:25:06
8:31	1:33:37
8:08	1:41:46
8:26	1:50:13
9:08	1:59:21
9:26	2:08:48
13:41	2:22:30
9:42	2:32:12
10:21	2:42:33
10:30	2:53:03
10:24	3:03:28
10:49	3:14:18
10:58	3:25:16
12:05	3:37:22
11:05	3:48:27
11:26	3:59:54
15:19	4:15:13
13:07	4:28:20
11:43	4:40:04
12:48	4:52:53
12:26	5:05:19
11:07	5:16:27
11:54	5:28:21
12:40	5:41:01
11:10	5:52:12

201 Palm Fredrik

Jönköping

4:23	4:23
7:15	11:38
7:21	19:00
7:23	26:23
7:25	33:48
7:19	41:08
7:12	48:20
7:21	55:42
7:21	1:03:03
7:18	1:10:21
7:20	1:17:41
7:28	1:25:10
7:25	1:32:35
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7:31	1:47:24
7:31	1:54:55
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7:27	2:09:46
7:33	2:17:20
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8:47	2:33:42
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7:27	3:10:49
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7:38	3:33:22
7:34	3:40:57
7:33	3:48:31
7:32	3:56:03
7:35	4:03:39
7:51	4:11:30
7:08	4:18:39
7:16	4:25:55
7:29	4:33:25
8:04	4:41:29
8:03	4:49:33

	8:04	4:57:37
	9:20	5:06:58
	8:09	5:15:08
	8:42	5:23:50
	9:33	5:33:23
	8:40	5:42:04
	10:16	5:52:20

90 Bahonjic Senad

Falkenbergs RR

4:08	4:08
6:55	11:03
6:59	18:03
6:48	24:52
7:00	31:52
6:54	38:46
6:52	45:39
6:44	52:23
6:54	59:17
6:47	1:06:04
6:51	1:12:55
6:56	1:19:52
6:48	1:26:40
6:47	1:33:28
6:42	1:40:11
6:46	1:46:57
6:47	1:53:44
6:42	2:00:26
6:38	2:07:05
6:40	2:13:46
6:40	2:20:26
6:38	2:27:04
6:38	2:33:42
6:41	2:40:24
6:56	2:47:20
6:57	2:54:18
7:02	3:01:20
6:57	3:08:18
7:00	3:15:18
7:11	3:22:30
7:11	3:29:41
7:16	3:36:57
7:11	3:44:09
7:04	3:51:13
7:10	3:58:23
7:20	4:05:43
7:31	4:13:15
8:06	4:21:21
7:41	4:29:02
7:52	4:36:55
7:47	4:44:42
7:58	4:52:41
8:06	5:00:47
8:09	5:08:57
8:26	5:17:23
8:26	5:25:50
8:48	5:34:39
9:03	5:43:42
8:40	5:52:22

211 Rasmusson Göran

Ingen Klubb

5:16	5:16
8:27	13:43
8:25	22:08
8:27	30:36
8:34	39:10
8:31	47:41
8:35	56:17

8:45	1:05:03
8:39	1:13:42
8:33	1:22:16
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9:06	2:24:59
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8:54	2:42:50
8:50	2:51:41
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9:50	3:13:03
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16:24	4:05:09
10:35	4:15:45
9:38	4:25:23
13:43	4:39:07
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9:53	5:00:10
10:02	5:10:13
14:48	5:25:01
15:37	5:40:38
12:14	5:52:53

221 Stikkelorum Richard

Triathlon Väst

4:40	4:40
7:48	12:29
7:44	20:13
7:53	28:07
7:37	35:44
7:43	43:27
7:47	51:15
7:41	58:56
7:56	1:06:53
7:59	1:14:52
8:06	1:22:59
8:11	1:31:11
8:31	1:39:42
8:38	1:48:20
8:55	1:57:15
9:31	2:06:47
9:20	2:16:08
10:03	2:26:12
10:03	2:36:15
9:53	2:46:09
11:07	2:57:16
12:28	3:09:44
11:27	3:21:12
12:41	3:33:53
10:33	3:44:27
11:41	3:56:08
10:41	4:06:49
14:10	4:21:00
11:25	4:32:25
11:47	4:44:12
11:56	4:56:09
10:46	5:06:55
12:40	5:19:36
16:50	5:36:27
16:27	5:52:54

98 Bodiroza David

Falkenbergs RR

4:48	4:48
7:32	12:20
7:28	19:49
7:26	27:15
7:10	34:26
7:14	41:41
7:08	48:49
7:16	56:06
7:09	1:03:15
7:11	1:10:27
7:18	1:17:45
7:16	1:25:02
7:13	1:32:15
7:10	1:39:26
7:05	1:46:32
7:06	1:53:39
7:02	2:00:41
6:56	2:07:37
7:15	2:14:53
6:58	2:21:51
6:56	2:28:48
6:52	2:35:41
7:24	2:43:05
6:58	2:50:03
7:02	2:57:06
7:56	3:05:03
6:59	3:12:02
7:03	3:19:05
7:04	3:26:10
7:04	3:33:14
8:22	3:41:37
7:02	3:48:40
6:59	3:55:39
7:56	4:03:35
7:06	4:10:42
10:24	4:21:07
7:32	4:28:40
7:04	4:35:44
7:06	4:42:51
7:19	4:50:10
10:31	5:00:42
7:16	5:07:59
7:18	5:15:17
7:04	5:22:22
10:07	5:32:29
6:54	5:39:23
6:59	5:46:22
6:45	5:53:08

146 Höfer Stephan

Landvetter

4:43	4:43
7:36	12:19
7:26	19:46
7:11	26:58
7:10	34:08
7:08	41:17
7:05	48:22
7:05	55:27
6:59	1:02:27
7:04	1:09:31
7:25	1:16:57
7:05	1:24:02
7:07	1:31:10
7:06	1:38:16
7:05	1:45:22
7:09	1:52:31

7:09	1:59:40
7:07	2:06:48
7:11	2:13:59
7:11	2:21:11
7:22	2:28:33
7:18	2:35:51
7:16	2:43:08
7:08	2:50:17
7:08	2:57:26
7:06	3:04:32
7:10	3:11:43
7:17	3:19:00
7:12	3:26:12
7:16	3:33:29
7:12	3:40:41
7:06	3:47:48
7:06	3:54:54
7:30	4:02:24
7:33	4:09:58
7:41	4:17:39
7:34	4:25:14
7:41	4:32:55
7:49	4:40:45
7:58	4:48:44
7:59	4:56:43
7:59	5:04:42
8:10	5:12:53
7:59	5:20:52
7:58	5:28:50
7:59	5:36:50
8:12	5:45:03
8:10	5:53:14

172 Larsson Lars-Göran

Apladalens LK

3:59	3:59
6:52	10:51
6:50	17:41
6:53	24:35
6:50	31:25
7:03	38:29
7:08	45:38
7:01	52:39
7:08	59:48
7:08	1:06:57
7:05	1:14:02
7:07	1:21:09
7:11	1:28:21
7:08	1:35:30
7:13	1:42:43
7:08	1:49:52
7:15	1:57:08
7:24	2:04:33
7:17	2:11:50
7:09	2:18:59
8:10	2:27:10
7:02	2:34:13
7:38	2:41:51
7:15	2:49:06
7:48	2:56:55
7:24	3:04:20
7:53	3:12:13
7:24	3:19:38
7:32	3:27:10
7:59	3:35:09
8:43	3:43:52
7:53	3:51:46

8:21	4:00:08
8:51	4:09:00
7:49	4:16:49
7:50	4:24:40
10:10	4:34:50
10:37	4:45:28
10:43	4:56:11
11:16	5:07:28
10:50	5:18:19
11:40	5:29:59
12:22	5:42:22
10:55	5:53:17

130 Grahn Torbjörn

IK Uven

4:26	4:26
7:17	11:44
7:15	19:00
7:22	26:22
7:25	33:48
7:19	41:08
8:08	49:17
7:15	56:32
7:26	1:03:58
7:24	1:11:23
7:17	1:18:40
7:19	1:26:00
7:30	1:33:30
7:18	1:40:49
7:29	1:48:18
7:16	1:55:35
7:35	2:03:10
7:23	2:10:33
7:26	2:18:00
7:20	2:25:21
8:14	2:33:36
7:13	2:40:49
7:33	2:48:23
7:24	2:55:47
7:37	3:03:25
7:22	3:10:48
7:39	3:18:27
7:27	3:25:55
7:58	3:33:54
7:33	3:41:27
7:54	3:49:21
7:40	3:57:01
9:34	4:06:35
7:55	4:14:31
8:23	4:22:55
7:46	4:30:41
8:35	4:39:16
7:46	4:47:02
8:19	4:55:22
7:46	5:03:09
8:47	5:11:56
7:55	5:19:51
8:43	5:28:35
8:04	5:36:40
8:43	5:45:24
7:55	5:53:20

182 Linusson Anders

Apladalens LK

4:58	4:58
8:31	13:29
8:33	22:02
8:31	30:34
8:30	39:04

8:42	47:47
8:30	56:17
8:23	1:04:41
8:22	1:13:04
8:55	1:21:59
8:09	1:30:09
8:25	1:38:34
8:20	1:46:55
8:46	1:55:41
8:29	2:04:10
8:31	2:12:42
8:51	2:21:33
9:40	2:31:14
8:12	2:39:26
8:02	2:47:29
8:21	2:55:50
9:13	3:05:04
8:59	3:14:04
9:03	3:23:08
9:43	3:32:51
10:01	3:42:53
10:00	3:52:53
10:45	4:03:39
10:25	4:14:05
10:39	4:24:44
10:40	4:35:24
11:18	4:46:42
10:56	4:57:39
11:23	5:09:03
11:32	5:20:35
12:21	5:32:57
10:58	5:43:56
9:25	5:53:21

137 Halvarson Ulf

Apladalens LK

4:09	4:09
6:55	11:05
6:52	17:57
6:45	24:42
6:44	31:27
6:46	38:14
7:24	45:38
6:59	52:37
7:05	59:43
6:59	1:06:42
7:18	1:14:01
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7:02	1:28:04
7:05	1:35:10
7:28	1:42:38
7:07	1:49:46
7:05	1:56:51
7:04	2:03:56
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7:11	2:18:30
7:12	2:25:42
7:33	2:33:16
7:20	2:40:37
7:36	2:48:13
7:29	2:55:43
7:27	3:03:10
7:31	3:10:42
7:46	3:18:29
7:28	3:25:57
7:25	3:33:22
7:26	3:40:48

	7:28	3:48:17
	7:41	3:55:58
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	8:21	4:22:03
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	9:25	4:57:56
	9:26	5:07:22
	9:27	5:16:49
	9:17	5:26:07
	9:19	5:35:27
	9:13	5:44:41
	8:47	5:53:28
123 Franzen Mats	Östansjö sk	
	4:34	4:34
	7:17	11:51
	7:16	19:08
	7:25	26:34
	7:27	34:02
	9:12	43:14
	7:32	50:47
	7:33	58:20
	7:56	1:06:17
	8:22	1:14:39
	7:49	1:22:28
	7:52	1:30:21
	7:53	1:38:14
	7:08	1:45:22
	7:37	1:53:00
	10:12	2:03:13
	8:23	2:11:36
	9:25	2:21:01
	8:57	2:29:58
	9:30	2:39:29
	9:33	2:49:02
	9:41	2:58:44
	9:53	3:08:37
	10:25	3:19:03
	11:38	3:30:42
	11:58	3:42:41
	10:49	3:53:30
	11:59	4:05:30
	12:54	4:18:24
	9:59	4:28:24
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	12:48	4:52:32
	20:51	5:13:24
	10:27	5:23:51
	10:17	5:34:09
	9:47	5:43:56
	9:36	5:53:33
186 Lydén Stefan	Borlänge LK	
	4:27	4:27
	7:13	11:41
	7:09	18:50
	7:07	25:58
	7:12	33:11
	7:25	40:37
	7:14	47:51
	7:11	55:02
	7:13	1:02:16
	7:04	1:09:20
	7:23	1:16:43

7:30	1:24:14
7:19	1:31:33
7:20	1:38:54
7:20	1:46:14
7:20	1:53:35
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7:20	2:08:13
7:21	2:15:35
7:19	2:22:54
7:30	2:30:25
7:26	2:37:52
7:17	2:45:10
7:10	2:52:20
6:59	2:59:20
6:57	3:06:17
7:06	3:13:24
7:03	3:20:28
6:54	3:27:22
7:04	3:34:26
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6:58	3:48:15
7:28	3:55:43
7:07	4:02:50
7:30	4:10:21
7:12	4:17:33
7:07	4:24:40
7:22	4:32:03
7:13	4:39:17
7:56	4:47:14
7:23	4:54:38
7:37	5:02:15
7:38	5:09:53
7:15	5:17:09
7:27	5:24:36
7:05	5:31:42
7:53	5:39:35
7:09	5:46:45
6:48	5:53:33

148 Ivarsson Tommy

Umara Sports Club

5:08	5:08
8:12	13:21
7:59	21:20
8:06	29:26
8:13	37:40
8:00	45:40
8:11	53:51
8:14	1:02:06
8:16	1:10:23
10:48	1:21:11
8:15	1:29:26
8:20	1:37:47
8:12	1:46:00
8:18	1:54:19
8:20	2:02:39
8:26	2:11:06
8:48	2:19:54
8:14	2:28:09
8:25	2:36:34
8:25	2:44:59
8:49	2:53:49
8:31	3:02:20
8:53	3:11:13
8:27	3:19:41
8:34	3:28:16
8:43	3:36:59

8:41	3:45:41
8:59	3:54:40
9:54	4:04:35
10:00	4:14:36
9:33	4:24:09
9:23	4:33:32
9:16	4:42:48
10:44	4:53:32
10:44	5:04:17
9:21	5:13:39
11:00	5:24:39
10:16	5:34:55
9:29	5:44:25
9:10	5:53:35

116 Emanuelsson Mattias

Stockholm Frontrunners

4:19	4:19
7:09	11:29
7:07	18:36
7:12	25:48
7:21	33:09
7:20	40:30
7:28	47:58
7:23	55:22
7:22	1:02:44
7:18	1:10:03
7:25	1:17:29
7:18	1:24:47
7:26	1:32:13
7:23	1:39:37
7:30	1:47:07
7:25	1:54:33
10:19	2:04:52
7:17	2:12:10
7:31	2:19:41
7:22	2:27:04
7:36	2:34:40
7:22	2:42:03
9:05	2:51:08
7:26	2:58:35
8:27	3:07:02
7:37	3:14:40
7:58	3:22:38
7:39	3:30:18
8:16	3:38:34
8:14	3:46:49
9:02	3:55:52
10:38	4:06:30
10:56	4:17:27
11:10	4:28:37
10:50	4:39:28
12:11	4:51:39
12:09	5:03:48
9:22	5:13:10
11:14	5:24:25
9:35	5:34:01
9:20	5:43:21
10:18	5:53:40

195 Nilsson Jörgen

Vi som springer

5:07	5:07
7:56	13:03
7:47	20:51
7:56	28:47
8:18	37:06
8:18	45:24
8:13	53:38

8:10	1:01:49
8:12	1:10:02
7:57	1:17:59
7:57	1:25:56
7:57	1:33:54
8:14	1:42:09
8:00	1:50:10
7:55	1:58:05
7:53	2:05:59
8:24	2:14:23
8:05	2:22:28
7:59	2:30:27
8:28	2:38:56
8:06	2:47:03
8:09	2:55:12
8:08	3:03:21
8:47	3:12:08
8:05	3:20:13
7:49	3:28:02
10:05	3:38:08
8:01	3:46:09
8:35	3:54:44
8:05	4:02:50
8:55	4:11:45
8:07	4:19:53
8:09	4:28:03
12:37	4:40:41
14:39	4:55:20
11:48	5:07:09
12:02	5:19:12
11:51	5:31:03
11:12	5:42:16
11:25	5:53:41

131 Guander Kristian

Sk Höjden

4:24	4:24
6:54	11:19
6:59	18:18
7:00	25:18
6:57	32:16
6:52	39:08
6:56	46:05
6:49	52:54
7:15	1:00:10
6:53	1:07:04
7:07	1:14:11
6:59	1:21:11
7:35	1:28:46
7:12	1:35:59
8:00	1:44:00
7:10	1:51:10
7:09	1:58:20
16:48	2:15:09
10:09	2:25:18
12:15	2:37:34
11:36	2:49:10
11:41	3:00:51
17:38	3:18:30
8:30	3:27:00
11:20	3:38:20
11:57	3:50:18
12:04	4:02:23
8:33	4:10:57
11:37	4:22:34
11:49	4:34:24
10:30	4:44:55

10:54	4:55:50
7:17	5:03:07
7:06	5:10:14
8:07	5:18:22
8:11	5:26:33
7:29	5:34:02
7:43	5:41:45
12:10	5:53:56

118 Eriksson Magnus

Lonesome Runners

5:35	5:35
8:46	14:21
8:42	23:04
8:42	31:46
8:56	40:43
9:11	49:54
9:42	59:37
9:53	1:09:30
9:52	1:19:23
9:50	1:29:14
9:56	1:39:11
10:15	1:49:26
10:16	1:59:43
10:33	2:10:16
11:00	2:21:17
10:37	2:31:54
12:09	2:44:04
10:48	2:54:52
10:58	3:05:51
11:16	3:17:07
11:26	3:28:33
11:41	3:40:14
11:18	3:51:33
11:22	4:02:55
11:49	4:14:45
12:03	4:26:48
12:15	4:39:04
12:25	4:51:29
12:42	5:04:12
12:31	5:16:43
12:35	5:29:19
12:13	5:41:32
12:25	5:53:58

87 Andersson Daniel

Lonesome Runners

4:18	4:18
6:37	10:56
6:36	17:33
6:55	24:28
6:40	31:09
6:28	37:37
6:27	44:05
6:22	50:27
6:26	56:54
7:43	1:04:38
6:22	1:11:01
6:40	1:17:42
7:26	1:25:09
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7:16	1:39:54
7:32	1:47:27
7:25	1:54:53
7:20	2:02:13
6:56	2:09:10
7:10	2:16:20
6:46	2:23:06
6:49	2:29:56

6:32	2:36:29
7:33	2:44:03
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7:41	2:58:57
7:37	3:06:34
7:45	3:14:20
7:44	3:22:04
7:38	3:29:43
8:16	3:38:00
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7:23	3:53:38
9:18	4:02:56
8:07	4:11:04
8:52	4:19:56
8:17	4:28:13
9:06	4:37:20
9:06	4:46:26
7:01	4:53:28
8:37	5:02:06
9:30	5:11:36
7:59	5:19:36
8:23	5:27:59
8:32	5:36:31
9:00	5:45:32
8:27	5:54:00

161 Kautsky Peter

Ingen Klubb

4:35	4:35
6:58	11:34
6:53	18:27
6:52	25:20
6:54	32:14
7:32	39:46
6:58	46:45
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6:54	1:00:38
8:06	1:08:45
6:51	1:15:37
6:57	1:22:34
6:58	1:29:32
8:03	1:37:35
7:04	1:44:40
7:01	1:51:41
6:58	1:58:40
11:09	2:09:50
6:58	2:16:48
6:58	2:23:47
8:08	2:31:56
7:05	2:39:01
7:08	2:46:09
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10:04	3:03:29
7:10	3:10:39
7:10	3:17:50
7:07	3:24:57
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7:13	3:40:23
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7:05	4:18:27
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6:56	4:47:35
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	8:34	5:02:58
	7:01	5:09:59
	7:13	5:17:13
	8:03	5:25:16
	7:05	5:32:22
	7:12	5:39:35
	7:16	5:46:51
	7:17	5:54:08

85 Alphonso David

Södra Skånska Regementet

	4:35	4:35
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	7:19	19:08
	7:05	26:13
	7:27	33:41
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	7:22	56:24
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	7:32	1:11:37
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177 Levin Alexander

Vegan Runners IK

	3:53	3:53
	6:12	10:06
	6:16	16:22
	6:10	22:33
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	6:08	58:35
	6:09	1:04:44
	6:10	1:10:55
	6:09	1:17:04
	6:11	1:23:15
	6:32	1:29:48
	6:33	1:36:22
	6:22	1:42:44
	6:16	1:49:00

6:13	1:55:14
6:28	2:01:42
7:21	2:09:04
6:37	2:15:41
6:35	2:22:16
6:42	2:28:59
7:11	2:36:11
6:46	2:42:57
6:47	2:49:45
6:45	2:56:30
6:22	3:02:53
6:01	3:08:54
6:06	3:15:00
6:21	3:21:22
6:16	3:27:38
8:10	3:35:49
6:04	3:41:54
6:31	3:48:25
6:30	3:54:56
8:06	4:03:03
6:42	4:09:45
7:01	4:16:46
0:05	4:16:51
9:36	4:26:27
8:16	4:34:44
8:14	4:42:58
7:43	4:50:42
7:30	4:58:12
7:07	5:05:20
8:06	5:13:27
7:47	5:21:15
7:44	5:28:59
7:53	5:36:53
10:09	5:47:03
7:13	5:54:16

153 Johansson Mathias

IK Jogg

4:35	4:35
7:06	11:42
6:56	18:38
6:58	25:37
6:58	32:35
6:55	39:31
7:01	46:33
7:06	53:39
7:09	1:00:48
7:12	1:08:00
7:19	1:15:20
7:41	1:23:01
8:01	1:31:03
8:04	1:39:08
8:25	1:47:33
10:16	1:57:50
10:44	2:08:35
12:03	2:20:38
11:56	2:32:35
12:02	2:44:37
12:32	2:57:10
14:08	3:11:18
15:13	3:26:32
55:10	4:21:42
16:35	4:38:18
16:39	4:54:57
15:02	5:09:59
15:20	5:25:19
14:41	5:40:00

189 Mah Dennis

14:50

SOK Knallen

5:54:51

4:14	4:14
7:02	11:17
6:59	18:16
7:00	25:17
6:59	32:16
6:58	39:15
7:08	46:24
7:04	53:29
7:08	1:00:37
7:02	1:07:39
7:11	1:14:51
7:05	1:21:56
7:11	1:29:07
7:13	1:36:20
7:04	1:43:25
7:11	1:50:37
8:08	1:58:45
7:33	2:06:19
7:34	2:13:53
7:58	2:21:52
9:13	2:31:06
7:53	2:39:00
10:00	2:49:00
9:39	2:58:39
8:15	3:06:55
8:31	3:15:26
8:14	3:23:41
9:03	3:32:45
9:56	3:42:42
8:18	3:51:00
9:41	4:00:42
8:43	4:09:25
8:53	4:18:18
15:35	4:33:54
12:55	4:46:50
8:40	4:55:30
6:57	5:02:27
7:14	5:09:41
7:45	5:17:27
9:36	5:27:04
8:18	5:35:22
8:34	5:43:57
11:00	5:54:58

239 Wollin Anders

Team Trelleborg Triathlon

4:48	4:48
7:32	12:20
7:28	19:49
7:25	27:15
7:19	34:34
7:03	41:38
7:11	48:50
7:16	56:06
7:09	1:03:16
7:11	1:10:27
7:19	1:17:46
7:16	1:25:02
7:13	1:32:16
7:10	1:39:27
7:05	1:46:32
7:06	1:53:39
7:03	2:00:42
6:56	2:07:38
7:33	2:15:12

8:10	2:23:22
7:34	2:30:57
8:17	2:39:14
7:53	2:47:08
8:56	2:56:04
9:34	3:05:39
9:45	3:15:24
7:47	3:23:12
11:17	3:34:30
7:38	3:42:08
10:40	3:52:49
7:36	4:00:25
7:36	4:08:01
7:40	4:15:42
12:23	4:28:05
8:22	4:36:27
8:24	4:44:52
11:27	4:56:19
8:19	5:04:38
7:59	5:12:38
8:32	5:21:11
10:30	5:31:42
14:49	5:46:31
8:28	5:54:59

194 Molin Stefan

Apladalens LK

4:09	4:09
6:55	11:05
6:52	17:57
6:50	24:48
6:52	31:40
6:43	38:24
7:14	45:38
6:59	52:37
7:05	59:42
7:11	1:06:54
7:01	1:13:56
6:58	1:20:55
7:26	1:28:21
7:18	1:35:40
7:50	1:43:30
7:21	1:50:52
7:31	1:58:24
7:43	2:06:07
8:23	2:14:30
8:48	2:23:19
7:44	2:31:03
8:42	2:39:46
8:15	2:48:01
9:47	2:57:48
9:04	3:06:53
9:47	3:16:41
10:45	3:27:26
12:13	3:39:40
12:55	3:52:35
13:38	4:06:14
13:05	4:19:20
13:18	4:32:39
13:18	4:45:57
21:49	5:07:47
13:29	5:21:16
13:24	5:34:40
12:46	5:47:27
7:34	5:55:02

113 Ekendahl Jesper

Lidköping VSK

6:37	6:37
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9:12	15:49
8:31	24:21
9:59	34:20
9:36	43:57
13:07	57:05
9:44	1:06:49
9:47	1:16:37
9:59	1:26:37
10:40	1:37:17
10:26	1:47:44
13:13	2:00:58
11:32	2:12:30
11:31	2:24:01
11:24	2:35:26
12:24	2:47:51
12:09	3:00:00
11:56	3:11:57
13:12	3:25:09
15:53	3:41:02
15:19	3:56:22
14:27	4:10:49
12:16	4:23:05
12:25	4:35:30
15:20	4:50:51
13:05	5:03:56
12:45	5:16:42
12:52	5:29:34
12:54	5:42:28
12:36	5:55:05

205 Persson Joachim

Solvikingarna

4:14	4:14
7:03	11:17
6:57	18:15
6:53	25:08
7:15	32:24
6:46	39:10
6:51	46:02
6:47	52:49
6:42	59:32
6:58	1:06:30
7:05	1:13:36
6:50	1:20:26
6:53	1:27:19
7:03	1:34:23
7:28	1:41:51
6:40	1:48:32
6:34	1:55:06
6:40	2:01:46
7:05	2:08:52
6:39	2:15:32
9:47	2:25:19
6:55	2:32:15
6:42	2:38:57
6:43	2:45:40
6:57	2:52:38
6:42	2:59:21
7:09	3:06:30
9:33	3:16:03
6:42	3:22:46
7:16	3:30:02
6:59	3:37:02
7:39	3:44:42
6:58	3:51:40
12:51	4:04:32
8:45	4:13:18

10:02	4:23:21
8:40	4:32:01
8:42	4:40:43
8:17	4:49:01
8:51	4:57:52
8:28	5:06:21
10:24	5:16:45
8:32	5:25:17
8:53	5:34:11
13:17	5:47:29
7:39	5:55:08

107 Danielsson Rickard

Särö

5:18	5:18
8:02	13:20
7:32	20:53
7:48	28:41
7:32	36:14
7:43	43:57
7:40	51:37
7:37	59:15
7:40	1:06:55
7:13	1:14:09
12:49	1:26:58
7:14	1:34:13
7:47	1:42:00
7:39	1:49:39
7:21	1:57:01
8:01	2:05:03
7:21	2:12:25
7:28	2:19:53
7:35	2:27:29
8:28	2:35:58
8:14	2:44:13
8:20	2:52:33
9:04	3:01:38
7:55	3:09:33
8:11	3:17:45
8:10	3:25:55
8:45	3:34:40
8:31	3:43:12
8:20	3:51:32
8:22	3:59:54
8:35	4:08:30
8:35	4:17:05
9:39	4:26:44
8:44	4:35:28
7:58	4:43:27
7:51	4:51:19
8:04	4:59:23
8:29	5:07:53
8:24	5:16:18
8:10	5:24:28
8:23	5:32:51
7:55	5:40:47
7:46	5:48:33
6:41	5:55:15

165 Kuthy Zoltan

Lonesome Runners

6:03	6:03
14:16	20:19
8:03	28:23
1:54	30:17
10:52	41:09
9:43	50:53
10:45	1:01:38
9:50	1:11:28

9:04	1:20:33
10:58	1:31:31
9:23	1:40:55
8:53	1:49:48
9:01	1:58:49
12:03	2:10:52
10:29	2:21:22
8:33	2:29:55
8:59	2:38:55
9:15	2:48:10
9:18	2:57:29
9:13	3:06:42
13:05	3:19:47
9:11	3:28:59
8:55	3:37:54
9:07	3:47:02
9:15	3:56:17
9:53	4:06:10
10:28	4:16:39
10:22	4:27:01
11:00	4:38:02
9:32	4:47:35
9:23	4:56:58
9:31	5:06:29
10:28	5:16:58
9:13	5:26:11
9:45	5:35:57
9:34	5:45:32
9:48	5:55:21

150 Johansson Arvid

Suhlman IF

4:29	4:29
7:14	11:44
7:28	19:13
7:15	26:28
7:22	33:50
7:19	41:10
7:17	48:27
7:46	56:14
7:07	1:03:21
7:07	1:10:28
7:18	1:17:47
7:23	1:25:11
7:14	1:32:25
7:13	1:39:39
7:49	1:47:28
7:18	1:54:47
7:22	2:02:10
7:17	2:09:27
7:27	2:16:55
7:25	2:24:21
7:28	2:31:50
7:41	2:39:31
7:51	2:47:23
7:38	2:55:02
7:34	3:02:37
7:36	3:10:14
7:41	3:17:55
7:40	3:25:36
7:44	3:33:20
7:39	3:40:59
7:46	3:48:46
7:54	3:56:40
7:27	4:04:07
7:59	4:12:07
7:48	4:19:55

7:58	4:27:54
8:23	4:36:17
8:26	4:44:44
8:21	4:53:05
7:49	5:00:54
7:54	5:08:49
8:16	5:17:05
7:48	5:24:54
7:44	5:32:38
7:32	5:40:10
7:35	5:47:46
7:41	5:55:28

228 Söderlund Linus

IF Åland

3:43	3:43
6:16	10:00
6:11	16:11
6:12	22:23
6:12	28:35
6:13	34:49
6:17	41:06
6:25	47:32
6:20	53:52
6:25	1:00:17
6:32	1:06:50
6:22	1:13:13
6:27	1:19:40
6:17	1:25:58
6:21	1:32:20
6:28	1:38:49
6:22	1:45:11
6:27	1:51:39
6:25	1:58:04
6:32	2:04:37
6:35	2:11:12
6:35	2:17:47
6:43	2:24:30
6:41	2:31:12
7:05	2:38:18
6:47	2:45:06
7:04	2:52:10
7:17	2:59:27
9:34	3:09:02
8:35	3:17:38
11:39	3:29:17
10:30	3:39:48
8:53	3:48:41
9:33	3:58:15
10:40	4:08:56
9:35	4:18:31
11:10	4:29:41
9:47	4:39:29
9:41	4:49:10
10:34	4:59:45
10:26	5:10:12
9:48	5:20:00
9:45	5:29:45
9:20	5:39:06
8:56	5:48:03
7:26	5:55:29

226 Svensson Jan-Olof

Falkenbergs RR

4:42	4:42
7:14	11:56
7:28	19:25
7:17	26:42
8:01	34:44

8:12	42:57
6:56	49:53
7:00	56:53
7:04	1:03:57
10:54	1:14:52
7:12	1:22:04
7:08	1:29:12
7:34	1:36:46
9:05	1:45:51
7:48	1:53:40
8:07	2:01:48
8:36	2:10:25
7:53	2:18:18
9:16	2:27:35
7:45	2:35:21
8:27	2:43:48
7:44	2:51:33
8:40	3:00:13
7:39	3:07:53
7:26	3:15:19
7:56	3:23:16
9:06	3:32:22
8:42	3:41:04
10:12	3:51:17
8:47	4:00:04
9:41	4:09:46
8:28	4:18:15
10:39	4:28:54
9:44	4:38:38
9:03	4:47:41
10:59	4:58:41
11:00	5:09:41
8:57	5:18:38
9:29	5:28:08
9:33	5:37:42
8:56	5:46:38
8:54	5:55:32

88 Andersson Stefan

Apladalens LK

3:43	3:43
6:15	9:59
6:09	16:08
6:08	22:16
6:10	28:27
6:08	34:35
6:19	40:54
6:48	47:43
6:06	53:50
6:06	59:56
6:12	1:06:08
6:10	1:12:19
7:38	1:19:58
6:07	1:26:05
6:10	1:32:16
6:30	1:38:46
6:10	1:44:56
6:11	1:51:08
6:28	1:57:36
6:18	2:03:55
6:40	2:10:35
6:30	2:17:06
7:02	2:24:09
6:30	2:30:40
6:48	2:37:28
7:18	2:44:46
6:27	2:51:13

6:46	2:57:59
6:45	3:04:45
7:25	3:12:11
6:45	3:18:56
6:57	3:25:53
6:58	3:32:51
13:26	3:46:17
8:56	3:55:14
8:50	4:04:05
8:36	4:12:41
10:10	4:22:51
10:04	4:32:55
15:28	4:48:24
14:28	5:02:52
8:53	5:11:46
9:17	5:21:03
8:31	5:29:35
8:56	5:38:32
8:51	5:47:23
8:19	5:55:43

215 Rosenqvist Johan

David Träningcenter

4:37	4:37
6:50	11:28
6:47	18:15
6:54	25:09
6:57	32:07
6:58	39:05
6:52	45:58
6:57	52:56
7:14	1:00:10
7:08	1:07:19
7:03	1:14:22
7:44	1:22:07
10:00	1:32:07
6:49	1:38:56
6:56	1:45:52
7:03	1:52:56
6:50	1:59:46
7:02	2:06:48
6:54	2:13:43
6:57	2:20:40
7:27	2:28:07
7:06	2:35:14
7:17	2:42:31
7:48	2:50:19
7:23	2:57:42
7:40	3:05:23
10:02	3:15:25
16:43	3:32:09
7:50	3:39:59
8:10	3:48:10
8:01	3:56:11
8:19	4:04:31
11:21	4:15:52
8:28	4:24:21
8:44	4:33:06
11:25	4:44:31
9:45	4:54:17
9:09	5:03:26
9:09	5:12:36
8:45	5:21:21
8:50	5:30:12
8:32	5:38:44
8:18	5:47:03
8:46	5:55:49

122 Forsman Per**SOK Knallen**

4:12	4:12
6:44	10:56
6:31	17:28
6:29	23:58
6:31	30:29
6:33	37:02
6:33	43:36
6:30	50:06
7:24	57:30
6:14	1:03:44
6:18	1:10:02
6:17	1:16:20
6:19	1:22:40
6:18	1:28:58
6:26	1:35:25
7:02	1:42:27
7:25	1:49:52
6:58	1:56:51
6:28	2:03:19
6:28	2:09:47
6:35	2:16:22
6:26	2:22:49
6:39	2:29:29
6:23	2:35:53
6:37	2:42:30
6:26	2:48:56
6:37	2:55:34
6:27	3:02:02
7:03	3:09:05
6:31	3:15:36
7:03	3:22:39
6:57	3:29:36
7:04	3:36:41
10:30	3:47:11
6:56	3:54:07
7:38	4:01:46
7:00	4:08:46
8:05	4:16:51
8:17	4:25:08
7:23	4:32:32
9:08	4:41:41
7:52	4:49:34
8:05	4:57:39
7:41	5:05:21
8:34	5:13:55
7:39	5:21:34
8:38	5:30:12
9:22	5:39:35
8:33	5:48:08
7:42	5:55:51

169 Lange Henrik**Ingen Klubb**

5:06	5:06
7:41	12:48
7:29	20:17
7:20	27:37
7:52	35:30
7:40	43:10
7:42	50:53
8:52	59:46
7:54	1:07:40
8:01	1:15:42
9:13	1:24:56
8:08	1:33:05
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8:23	1:49:45
8:18	1:58:03
8:17	2:06:21
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8:34	2:41:30
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8:38	3:16:47
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9:55	4:09:45
10:33	4:20:19
10:53	4:31:12
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11:39	4:54:04
13:53	5:07:57
12:18	5:20:16
10:34	5:30:50
14:57	5:45:48
10:07	5:55:55

210 Rabe Per

Laholms IF

3:44	3:44
6:17	10:01
6:11	16:12
6:12	22:25
6:20	28:45
6:19	35:05
6:09	41:14
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6:32	1:59:46
6:44	2:06:30
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7:09	3:16:03
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8:07	3:53:18
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8:32	5:07:18
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8:15	5:24:07
8:10	5:32:17
8:15	5:40:33
7:47	5:48:20
7:37	5:55:58

240 von Bargen Daniel

Lonesome Runners

5:22	5:22
8:02	13:24
7:29	20:53
7:28	28:22
7:29	35:52
7:46	43:38
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8:40	3:46:35
8:31	3:55:07
8:52	4:03:59
7:47	4:11:46
7:26	4:19:12
10:28	4:29:41
13:42	4:43:24
10:01	4:53:25
13:27	5:06:53
9:48	5:16:41
11:42	5:28:23
10:34	5:38:58
9:10	5:48:08
7:51	5:55:59

241 Voxek Jimmy

Hälle IF

3:02	3:02
5:24	8:26
5:24	13:50
5:22	19:12
5:20	24:32
5:23	29:56
5:30	35:27
5:27	40:55
5:26	46:21
5:28	51:49

5:32	57:21
5:35	1:02:56
5:35	1:08:32
5:36	1:14:09
5:32	1:19:41
5:35	1:25:17
5:38	1:30:56
5:42	1:36:38
5:35	1:42:13
5:39	1:47:53
5:39	1:53:32
5:37	1:59:09
7:42	2:06:52
5:55	2:12:47
5:38	2:18:25
5:41	2:24:07
6:03	2:30:10
5:49	2:36:00
5:50	2:41:51
5:55	2:47:47
6:38	2:54:26
6:00	3:00:26
5:57	3:06:23
5:59	3:12:23
5:55	3:18:18
7:32	3:25:51
8:09	3:34:01
6:12	3:40:13
6:13	3:46:27
6:27	3:52:54
8:11	4:01:06
6:27	4:07:34
6:16	4:13:50
6:20	4:20:10
6:56	4:27:07
6:33	4:33:40
6:31	4:40:12
6:35	4:46:47
6:32	4:53:20
6:19	4:59:39
6:10	5:05:50
6:33	5:12:23
6:51	5:19:15
6:08	5:25:24
6:12	5:31:36
6:02	5:37:38
6:02	5:43:40
6:07	5:49:48
6:11	5:56:00

156 Josefsson Per

SOK Knallen

4:58	4:58
7:49	12:47
7:27	20:15
7:28	27:43
7:30	35:14
7:27	42:41
7:27	50:08
7:23	57:32
7:23	1:04:56
7:37	1:12:33
7:45	1:20:18
8:50	1:29:09
8:48	1:37:58
8:52	1:46:50
8:02	1:54:53

8:05	2:02:58
8:50	2:11:49
8:57	2:20:47
10:33	2:31:20
14:18	2:45:39
11:24	2:57:04
9:04	3:06:09
10:05	3:16:14
9:47	3:26:01
10:23	3:36:25
10:44	3:47:10
10:57	3:58:08
11:06	4:09:14
10:31	4:19:46
10:36	4:30:22
12:55	4:43:18
10:33	4:53:52
11:37	5:05:30
10:24	5:15:54
10:12	5:26:07
9:43	5:35:50
10:17	5:46:07
10:03	5:56:11

117 Eriksson Andreas

Tokiga masar

4:44	4:44
7:17	12:01
7:12	19:14
6:50	26:04
7:55	33:59
7:04	41:04
7:09	48:14
7:12	55:26
7:33	1:03:00
7:28	1:10:29
7:23	1:17:52
7:21	1:25:13
7:29	1:32:43
7:29	1:40:13
7:28	1:47:41
7:36	1:55:18
7:35	2:02:54
7:47	2:10:41
8:04	2:18:45
8:22	2:27:08
8:31	2:35:39
8:34	2:44:14
12:48	2:57:02
8:57	3:06:00
8:34	3:14:34
9:22	3:23:56
9:08	3:33:05
9:27	3:42:32
14:14	3:56:46
8:59	4:05:45
11:37	4:17:23
10:19	4:27:42
8:53	4:36:36
10:59	4:47:36
14:09	5:01:45
13:07	5:14:53
11:04	5:25:57
11:09	5:37:07
10:00	5:47:08
9:03	5:56:12

217 Sandberg Christian

Lindome

5:00	5:00
7:41	12:41
7:30	20:12
7:52	28:04
7:25	35:29
7:36	43:06
7:20	50:26
7:38	58:05
7:30	1:05:35
7:34	1:13:09
7:23	1:20:33
7:54	1:28:28
7:14	1:35:42
7:16	1:42:59
7:31	1:50:31
7:18	1:57:49
9:50	2:07:40
7:30	2:15:10
7:37	2:22:47
7:30	2:30:17
7:56	2:38:13
7:23	2:45:37
7:35	2:53:12
7:23	3:00:36
8:11	3:08:47
7:22	3:16:10
7:42	3:23:52
7:36	3:31:29
8:14	3:39:44
8:47	3:48:32
7:54	3:56:26
7:45	4:04:11
8:39	4:12:51
8:04	4:20:55
8:38	4:29:33
10:11	4:39:45
8:29	4:48:14
8:32	4:56:47
8:41	5:05:29
8:40	5:14:10
8:24	5:22:34
8:16	5:30:50
8:22	5:39:13
8:47	5:48:00
8:16	5:56:17

136 Gustavsson Simon

Umara Sports Club

3:53	3:53
6:41	10:34
6:49	17:24
6:49	24:13
6:52	31:06
6:52	37:59
6:51	44:50
6:52	51:42
6:49	58:32
6:48	1:05:21
6:56	1:12:17
6:50	1:19:08
7:54	1:27:03
6:41	1:33:44
6:46	1:40:31
6:40	1:47:11
6:45	1:53:57
6:39	2:00:36
6:39	2:07:16

6:41	2:13:58
6:43	2:20:41
6:40	2:27:21
6:44	2:34:06
6:46	2:40:52
6:45	2:47:38
6:49	2:54:28
6:41	3:01:09
7:00	3:08:10
8:08	3:16:18
11:14	3:27:33
8:17	3:35:50
7:31	3:43:21
7:36	3:50:58
7:40	3:58:38
7:53	4:06:32
7:27	4:13:59
7:32	4:21:31
7:14	4:28:46
7:04	4:35:51
7:14	4:43:05
7:11	4:50:17
7:15	4:57:32
7:03	5:04:35
7:03	5:11:39
7:02	5:18:42
7:27	5:26:09
7:16	5:33:25
7:30	5:40:56
7:45	5:48:41
7:36	5:56:18

126 Fröjdlund Calle

Älvängen

4:09	4:09
7:14	11:24
7:16	18:40
7:14	25:55
7:29	33:25
7:19	40:44
7:17	48:01
8:02	56:04
7:34	1:03:38
7:28	1:11:07
7:30	1:18:38
7:31	1:26:09
7:39	1:33:48
7:37	1:41:26
7:37	1:49:03
8:48	1:57:52
8:05	2:05:58
7:26	2:13:24
7:22	2:20:47
8:21	2:29:09
7:49	2:36:58
7:30	2:44:29
7:23	2:51:52
7:21	2:59:13
7:29	3:06:43
7:31	3:14:14
7:41	3:21:56
7:43	3:29:39
7:44	3:37:24
7:48	3:45:13
8:07	3:53:20
12:40	4:06:00
8:54	4:14:55

10:12	4:25:07
9:11	4:34:18
10:07	4:44:26
9:41	4:54:07
10:18	5:04:26
9:53	5:14:20
9:11	5:23:31
8:47	5:32:18
8:34	5:40:53
8:09	5:49:03
7:20	5:56:23

248 Winberg Thomas

Ingen Klubb

5:05	5:05
7:42	12:48
7:29	20:17
6:45	27:02
6:44	33:47
6:44	40:31
7:03	47:34
7:01	54:35
7:01	1:01:37
6:57	1:08:35
7:04	1:15:40
7:01	1:22:41
7:53	1:30:35
7:08	1:37:43
7:12	1:44:56
7:31	1:52:27
7:11	1:59:39
7:20	2:07:00
7:26	2:14:26
7:42	2:22:08
7:33	2:29:42
7:45	2:37:27
7:44	2:45:11
8:32	2:53:44
8:02	3:01:46
8:58	3:10:45
8:01	3:18:46
9:25	3:28:12
8:10	3:36:23
9:30	3:45:53
8:37	3:54:31
9:06	4:03:37
10:53	4:14:31
10:08	4:24:40
10:45	4:35:25
10:37	4:46:03
10:22	4:56:26
11:31	5:07:57
9:26	5:17:24
8:44	5:26:08
9:47	5:35:55
10:42	5:46:38
9:44	5:56:23

119 Falkek Emil

Falkenbergs RR

4:17	4:17
7:03	11:21
7:22	18:43
6:57	25:41
7:02	32:43
7:11	39:55
6:48	46:43
6:44	53:27
6:50	1:00:18

7:16	1:07:35
6:29	1:14:05
6:23	1:20:29
6:23	1:26:52
6:36	1:33:28
6:33	1:40:01
6:42	1:46:44
6:34	1:53:18
6:42	2:00:00
6:37	2:06:38
6:43	2:13:22
6:47	2:20:09
6:42	2:26:52
6:50	2:33:43
6:41	2:40:24
6:55	2:47:20
6:55	2:54:15
6:56	3:01:12
7:01	3:08:13
6:54	3:15:07
6:55	3:22:03
7:01	3:29:04
6:53	3:35:58
6:56	3:42:54
7:15	3:50:10
6:55	3:57:06
7:00	4:04:07
7:01	4:11:08
7:07	4:18:16
7:14	4:25:30
7:13	4:32:44
7:03	4:39:47
7:03	4:46:50
7:12	4:54:02
7:11	5:01:14
7:03	5:08:17
7:02	5:15:20
6:55	5:22:16
6:53	5:29:09
6:49	5:35:58
6:49	5:42:48
6:54	5:49:42
6:44	5:56:27

209 Pettersson Robert

Ingen Klubb

4:58	4:58
7:38	12:37
7:36	20:14
7:53	28:07
7:53	36:00
8:43	44:44
7:39	52:24
7:42	1:00:06
7:52	1:07:59
7:37	1:15:37
8:56	1:24:34
7:39	1:32:13
7:35	1:39:48
7:34	1:47:22
9:57	1:57:19
7:20	2:04:40
7:30	2:12:11
11:49	2:24:00
7:32	2:31:33
7:35	2:39:08
7:52	2:47:01

7:47	2:54:48
10:54	3:05:42
7:47	3:13:30
8:28	3:21:58
7:48	3:29:47
8:03	3:37:50
10:07	3:47:57
7:55	3:55:53
9:27	4:05:20
8:10	4:13:30
10:05	4:23:36
8:11	4:31:47
10:34	4:42:21
8:26	4:50:48
17:53	5:08:41
9:24	5:18:06
8:25	5:26:32
9:46	5:36:18
10:11	5:46:30
9:58	5:56:29

207 Pettersson Erik

Ingen Klubb

4:40	4:40
6:56	11:36
7:00	18:37
6:59	25:36
7:00	32:37
7:07	39:44
7:02	46:47
7:07	53:54
7:08	1:01:02
7:04	1:08:07
7:01	1:15:08
7:02	1:22:11
7:20	1:29:32
7:01	1:36:33
7:02	1:43:36
8:35	1:52:11
7:01	1:59:12
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7:03	2:13:25
7:04	2:20:29
7:05	2:27:34
7:09	2:34:44
7:10	2:41:55
7:05	2:49:01
7:01	2:56:02
7:09	3:03:12
7:04	3:10:16
7:04	3:17:21
7:08	3:24:30
7:09	3:31:39
7:04	3:38:44
7:05	3:45:49
7:02	3:52:52
7:27	4:00:19
8:53	4:09:13
8:06	4:17:20
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7:51	4:32:57
7:32	4:40:30
7:41	4:48:11
7:35	4:55:46
7:39	5:03:26
7:33	5:10:59
7:44	5:18:44

	7:46	5:26:31
	7:34	5:34:05
	7:38	5:41:43
	7:27	5:49:10
	7:20	5:56:31
92 Berg Magnus	IK Akele	
	4:29	4:29
	7:10	11:40
	7:07	18:48
	7:12	26:00
	7:11	33:11
	7:22	40:33
	7:38	48:12
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	7:59	1:10:58
	7:26	1:18:24
	7:16	1:25:40
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	7:31	1:40:45
	7:29	1:48:14
	7:42	1:55:57
	7:53	2:03:50
	8:07	2:11:58
	7:46	2:19:44
	9:10	2:28:55
	8:19	2:37:14
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	10:42	3:05:19
	8:05	3:13:25
	9:40	3:23:06
	8:48	3:31:55
	8:34	3:40:29
	10:38	3:51:08
	10:42	4:01:50
	13:35	4:15:25
	14:22	4:29:48
	14:47	4:44:35
	17:13	5:01:49
	15:18	5:17:07
	15:11	5:32:19
	14:35	5:46:54
	9:37	5:56:32
124 Friberg Torbjörn	Lonesome Runners	
	5:36	5:36
	9:02	14:39
	8:53	23:32
	8:54	32:27
	8:48	41:15
	8:42	49:58
	8:29	58:27
	8:22	1:06:49
	8:15	1:15:04
	8:12	1:23:17
	8:35	1:31:52
	8:09	1:40:02
	8:35	1:48:37
	8:34	1:57:12
	8:28	2:05:40
	8:22	2:14:02
	8:20	2:22:22
	8:23	2:30:46
	8:31	2:39:17
	8:29	2:47:47

8:23	2:56:10
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8:32	3:14:05
8:44	3:22:50
8:51	3:31:42
8:43	3:40:25
8:40	3:49:05
8:51	3:57:57
9:19	4:07:16
9:36	4:16:53
9:26	4:26:19
8:59	4:35:18
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11:19	4:55:17
10:22	5:05:39
10:14	5:15:54
10:20	5:26:14
10:09	5:36:24
10:36	5:47:01
9:31	5:56:32

97 Blomgren Peder

Kungsbacka CK

4:19	4:19
6:26	10:45
6:26	17:11
6:26	23:37
6:36	30:14
6:30	36:44
6:33	43:17
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6:58	56:56
7:02	1:03:58
7:57	1:11:56
6:57	1:18:53
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8:26	1:34:25
7:15	1:41:40
7:09	1:48:50
7:02	1:55:53
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7:36	2:11:00
8:02	2:19:03
22:45	2:41:49
11:38	2:53:28
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8:13	3:09:44
8:45	3:18:30
8:30	3:27:01
11:19	3:38:20
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8:32	3:55:26
8:28	4:03:54
7:57	4:11:52
8:00	4:19:52
8:10	4:28:03
8:15	4:36:19
9:20	4:45:40
8:39	4:54:19
9:10	5:03:30
9:17	5:12:48
9:09	5:21:57
10:07	5:32:05
9:15	5:41:21
7:46	5:49:07
7:27	5:56:35

127 Galic Robert

Hakarpspojarna

4:18	4:18
6:35	10:54
6:33	17:27
6:29	23:57
6:31	30:29
6:33	37:02
6:33	43:35
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6:27	1:29:49
6:30	1:36:19
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6:28	2:03:19
6:28	2:09:47
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6:43	2:29:38
6:51	2:36:30
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6:38	2:56:23
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6:54	4:11:16
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7:18	4:25:43
7:06	4:32:50
7:49	4:40:40
6:56	4:47:36
7:23	4:55:00
7:14	5:02:14
7:38	5:09:52
7:56	5:17:48
7:46	5:25:35
7:53	5:33:28
7:44	5:41:13
7:36	5:48:50
7:45	5:56:35

95 Björnfot Lars

MAIF Friidrott

5:02	5:02
7:28	12:30
7:19	19:50
7:59	27:49
8:01	35:51
7:54	43:46
7:37	51:23
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8:05	1:08:47
8:18	1:17:05
8:09	1:25:15
8:43	1:33:58

8:36	1:42:34
8:23	1:50:58
8:50	1:59:49
7:51	2:07:40
10:23	2:18:04
9:05	2:27:10
8:58	2:36:08
8:59	2:45:08
8:58	2:54:06
10:05	3:04:12
7:54	3:12:06
8:58	3:21:05
8:09	3:29:14
9:25	3:38:40
9:05	3:47:46
9:17	3:57:03
8:08	4:05:12
8:35	4:13:47
8:55	4:22:43
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9:56	4:43:13
9:22	4:52:36
10:45	5:03:21
10:33	5:13:55
9:57	5:23:53
9:26	5:33:19
11:07	5:44:27
12:09	5:56:36

200 Paasikivi Christer

Ingen Klubb

4:52	4:52
7:29	12:21
7:34	19:56
7:25	27:21
7:31	34:53
7:30	42:24
7:27	49:52
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7:31	1:05:06
7:33	1:12:40
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7:31	1:27:55
7:28	1:35:23
8:09	1:43:33
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8:12	2:38:22
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7:48	3:10:21
8:30	3:18:52
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8:37	3:35:24
7:19	3:42:43
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8:07	3:59:32
8:48	4:08:21
8:07	4:16:29
13:21	4:29:50
10:21	4:40:11
9:55	4:50:07

245 Öberg Tomas

10:19	5:00:26
9:15	5:09:42
10:19	5:20:01
9:24	5:29:26
9:58	5:39:25
8:49	5:48:14
8:28	5:56:42

Triathlon Väst

4:48	4:48
7:07	11:56
6:58	18:55
6:58	25:53
7:15	33:09
6:55	40:04
6:59	47:03
7:06	54:10
7:01	1:01:11
7:33	1:08:45
7:03	1:15:48
7:32	1:23:21
7:39	1:31:01
9:45	1:40:46
7:26	1:48:12
7:27	1:55:40
7:26	2:03:07
7:58	2:11:05
8:07	2:19:12
8:18	2:27:31
14:23	2:41:54
8:18	2:50:12
9:20	2:59:33
19:24	3:18:58
7:22	3:26:20
8:01	3:34:21
10:19	3:44:40
11:37	3:56:18
9:31	4:05:50
12:38	4:18:28
11:31	4:30:00
14:16	4:44:16
7:54	4:52:11
15:18	5:07:30
8:58	5:16:28
13:44	5:30:12
9:37	5:39:50
9:07	5:48:58
7:45	5:56:44

234 Wannberg Ola

Umara Sports Club

3:57	3:57
6:38	10:35
6:49	17:25
6:48	24:14
6:52	31:07
6:52	37:59
6:31	44:31
6:39	51:11
6:36	57:47
7:13	1:05:01
6:16	1:11:17
6:29	1:17:46
6:32	1:24:19
6:43	1:31:02
6:57	1:37:59
7:14	1:45:14
6:24	1:51:39

6:21	1:58:01
6:24	2:04:26
6:21	2:10:47
6:31	2:17:18
6:30	2:23:49
6:37	2:30:26
6:21	2:36:48
6:20	2:43:09
6:20	2:49:29
6:29	2:55:58
6:31	3:02:29
7:59	3:10:29
6:34	3:17:03
6:08	3:23:12
6:10	3:29:22
5:56	3:35:19
6:09	3:41:28
6:25	3:47:53
6:36	3:54:30
7:00	4:01:31
6:44	4:08:15
7:04	4:15:19
6:51	4:22:11
7:07	4:29:19
7:12	4:36:31
7:31	4:44:02
7:20	4:51:23
6:58	4:58:22
7:08	5:05:30
7:08	5:12:39
7:24	5:20:04
7:16	5:27:20
7:04	5:34:24
7:06	5:41:31
7:35	5:49:06
7:40	5:56:47

168 Lamminparras Jonne

Landvetter

4:42	4:42
7:16	11:59
7:24	19:24
7:20	26:44
7:31	34:16
7:19	41:36
7:11	48:47
7:21	56:09
7:15	1:03:24
8:15	1:11:40
7:37	1:19:17
7:16	1:26:33
7:24	1:33:58
7:52	1:41:51
7:19	1:49:10
8:35	1:57:46
7:27	2:05:13
7:34	2:12:47
7:37	2:20:25
8:00	2:28:25
8:02	2:36:28
7:42	2:44:10
7:31	2:51:42
7:19	2:59:02
8:30	3:07:32
7:20	3:14:52
9:06	3:23:59
7:17	3:31:17

	8:01	3:39:18
	7:47	3:47:06
	8:17	3:55:24
	7:56	4:03:20
	7:36	4:10:57
	8:17	4:19:14
	9:15	4:28:29
	8:15	4:36:44
	7:58	4:44:43
	8:28	4:53:12
	8:26	5:01:38
	8:58	5:10:37
	8:50	5:19:27
	9:25	5:28:53
	9:51	5:38:44
	8:59	5:47:44
	9:05	5:56:50
227 Svensson Peter	IFK Skövde	
	4:26	4:26
	7:40	12:06
	7:47	19:54
	7:45	27:39
	7:45	35:25
	7:50	43:15
	8:23	51:39
	8:14	59:53
	8:56	1:08:49
	8:19	1:17:09
	9:13	1:26:23
	8:27	1:34:50
	9:33	1:44:24
	9:13	1:53:38
	8:46	2:02:24
	10:36	2:13:01
	8:59	2:22:00
	9:03	2:31:04
	9:55	2:41:00
	9:59	2:50:59
	9:45	3:00:45
	11:23	3:12:08
	10:53	3:23:01
	10:38	3:33:40
	11:53	3:45:34
	10:29	3:56:03
	11:37	4:07:40
	13:23	4:21:04
	11:19	4:32:23
	13:58	4:46:22
	11:48	4:58:10
	13:41	5:11:51
	13:16	5:25:08
	14:59	5:40:07
	16:51	5:56:59
93 Bergare Jonas	Mölndal	
	4:15	4:15
	6:59	11:15
	7:00	18:15
	7:05	25:20
	7:14	32:35
	7:08	39:44
	7:17	47:01
	7:16	54:18
	7:22	1:01:41
	7:26	1:09:07
	7:27	1:16:34

7:31	1:24:06
8:00	1:32:06
7:35	1:39:41
7:25	1:47:07
7:20	1:54:28
7:29	2:01:57
7:11	2:09:09
7:29	2:16:38
7:19	2:23:57
7:33	2:31:30
7:16	2:38:47
7:28	2:46:16
7:32	2:53:48
7:33	3:01:22
8:07	3:09:29
7:54	3:17:24
9:29	3:26:54
8:52	3:35:46
8:04	3:43:50
7:59	3:51:49
8:43	4:00:33
9:49	4:10:23
12:29	4:22:52
9:47	4:32:40
9:53	4:42:33
9:49	4:52:23
10:22	5:02:45
10:01	5:12:47
9:15	5:22:03
9:04	5:31:08
9:29	5:40:37
8:59	5:49:37
7:28	5:57:06

143 Hultin Klas-Göran

Team kutatillpuben

4:10	4:10
7:05	11:16
7:06	18:23
7:00	25:23
7:18	32:42
7:10	39:53
7:09	47:02
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7:03	1:01:17
7:15	1:08:32
7:24	1:15:57
7:06	1:23:03
7:41	1:30:45
7:04	1:37:49
7:54	1:45:44
7:18	1:53:02
6:50	1:59:53
6:59	2:06:52
10:22	2:17:14
8:25	2:25:40
12:15	2:37:56
7:55	2:45:51
7:48	2:53:39
8:13	3:01:53
7:48	3:09:41
18:25	3:28:07
16:18	3:44:25
14:17	3:58:43
12:19	4:11:02
13:46	4:24:49
10:19	4:35:08

	9:50	4:44:59
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	8:07	5:01:45
	12:42	5:14:27
	10:06	5:24:34
	8:58	5:33:33
	10:39	5:44:12
	6:47	5:50:59
	6:13	5:57:13
184 Lundqvist Stellan	Falkenbergs RR	
	4:44	4:44
	8:45	13:30
	7:31	21:02
	7:24	28:26
	7:28	35:55
	7:26	43:22
	7:29	50:51
	7:30	58:22
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	10:51	1:16:46
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	7:45	1:32:15
	8:11	1:40:27
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	10:27	1:59:25
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	9:22	3:49:45
	8:48	3:58:34
	8:26	4:07:00
	10:07	4:17:08
	8:11	4:25:20
	8:10	4:33:30
	10:08	4:43:38
	8:10	4:51:49
	8:14	5:00:03
	10:31	5:10:35
	8:27	5:19:02
	9:13	5:28:16
	11:38	5:39:55
	9:06	5:49:01
	8:12	5:57:13
162 Kjällerström Per	Tranemo IF SK	
	4:50	4:50
	7:11	12:01
	7:07	19:09
	6:59	26:08
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	7:18	40:31
	7:07	47:38
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	7:21	1:09:11
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	7:07	1:30:27
	7:23	1:37:51
	7:01	1:44:52
	7:04	1:51:57
	7:05	1:59:02
	7:43	2:06:45

7:05	2:13:51
7:06	2:20:58
7:08	2:28:06
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7:25	2:57:41
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7:44	3:34:25
8:24	3:42:50
8:27	3:51:18
8:18	3:59:37
8:37	4:08:15
13:02	4:21:17
9:47	4:31:05
11:13	4:42:18
11:00	4:53:19
11:43	5:05:02
10:02	5:15:04
12:14	5:27:19
11:46	5:39:05
9:13	5:48:19
8:57	5:57:17

103 Carlsson Emil

Solvikingarna

4:16	4:16
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6:22	17:10
6:09	23:19
6:10	29:29
6:23	35:53
6:24	42:17
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6:12	55:02
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6:03	1:07:20
6:14	1:13:35
6:14	1:19:49
6:20	1:26:09
6:13	1:32:23
6:17	1:38:40
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8:24	3:48:03
11:32	3:59:36
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	8:06	5:25:23
	8:06	5:33:30
	8:02	5:41:32
	8:43	5:50:16
	7:02	5:57:18
230 Thörnblad Johan	Askaremåla RC	
	5:11	5:11
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	8:31	22:11
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	8:24	39:22
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	8:50	1:16:27
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	8:17	1:33:07
	8:06	1:41:14
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	8:04	2:01:05
	8:05	2:09:11
	8:23	2:17:34
	8:00	2:25:35
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	12:31	3:31:56
	8:38	3:40:35
	12:33	3:53:08
	8:33	4:01:41
	13:15	4:14:57
	8:39	4:23:36
	12:16	4:35:52
	8:35	4:44:28
	13:15	4:57:43
	9:06	5:06:50
	19:54	5:26:45
	9:17	5:36:02
	12:57	5:49:00
	8:19	5:57:20
208 Pettersson Kristoffer	Hedareds BK	
	5:04	5:04
	7:57	13:01
	7:48	20:50
	7:53	28:43
	7:58	36:41
	8:02	44:44
	7:39	52:23
	7:43	1:00:06
	7:49	1:07:56
	7:57	1:15:54
	8:16	1:24:10
	8:02	1:32:13
	8:09	1:40:22
	8:27	1:48:49
	8:06	1:56:56
	8:32	2:05:28

8:45	2:14:14
8:04	2:22:18
7:46	2:30:04
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8:14	2:46:35
8:13	2:54:48
9:35	3:04:24
8:07	3:12:31
8:18	3:20:49
8:17	3:29:07
8:21	3:37:29
8:14	3:45:43
8:24	3:54:07
8:43	4:02:51
8:37	4:11:28
8:28	4:19:57
8:21	4:28:18
9:33	4:37:52
8:26	4:46:18
9:56	4:56:15
9:12	5:05:28
9:21	5:14:49
8:46	5:23:35
8:44	5:32:20
8:27	5:40:48
8:33	5:49:21
7:59	5:57:21

187 Lofström Göran

Lonesome Runners

5:20	5:20
8:24	13:44
8:24	22:09
8:43	30:53
8:38	39:31
8:34	48:06
8:37	56:43
8:41	1:05:25
9:38	1:15:03
8:34	1:23:37
8:42	1:32:20
8:58	1:41:18
9:18	1:50:37
9:02	1:59:40
8:57	2:08:37
9:23	2:18:00
9:18	2:27:18
16:34	2:43:53
9:04	2:52:58
9:00	3:01:58
9:46	3:11:45
9:33	3:21:19
9:47	3:31:07
9:30	3:40:37
9:40	3:50:17
9:47	4:00:05
10:18	4:10:24
10:03	4:20:28
9:52	4:30:20
10:41	4:41:02
10:43	4:51:46
11:21	5:03:07
16:03	5:19:10
14:06	5:33:17
16:09	5:49:26
7:58	5:57:25

83 Adolfsson Lennart

Anderstorps OK

4:15	4:15
6:52	11:08
6:57	18:05
6:51	24:57
7:11	32:08
6:59	39:07
6:56	46:04
7:03	53:07
6:54	1:00:01
6:55	1:06:57
7:05	1:14:02
7:07	1:21:10
6:57	1:28:08
7:02	1:35:10
7:10	1:42:21
7:02	1:49:24
7:00	1:56:24
7:13	2:03:38
7:05	2:10:44
7:14	2:17:58
7:05	2:25:04
7:13	2:32:18
7:11	2:39:29
7:19	2:46:48
7:10	2:53:58
7:09	3:01:08
7:12	3:08:20
7:14	3:15:35
7:18	3:22:53
7:21	3:30:15
7:12	3:37:27
7:16	3:44:44
6:41	3:51:26
10:33	4:02:00
7:52	4:09:52
7:59	4:17:51
8:14	4:26:06
8:23	4:34:29
8:14	4:42:43
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8:27	4:59:42
8:40	5:08:22
8:11	5:16:34
8:02	5:24:36
8:17	5:32:53
8:07	5:41:01
8:23	5:49:24
8:04	5:57:29

214 Roos Henrik

Scania Road Runners

3:53	3:53
6:31	10:24
6:23	16:48
6:22	23:10
6:23	29:34
6:33	36:07
6:34	42:42
6:39	49:22
6:31	55:54
6:33	1:02:28
6:30	1:08:58
6:34	1:15:33
6:33	1:22:07
6:33	1:28:40
6:39	1:35:19
6:33	1:41:52

6:42	1:48:35
6:32	1:55:07
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6:37	2:08:20
6:33	2:14:54
6:32	2:21:26
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6:41	2:34:35
6:31	2:41:07
6:33	2:47:41
6:30	2:54:11
6:39	3:00:51
6:43	3:07:34
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6:35	3:20:49
6:42	3:27:32
6:36	3:34:08
6:59	3:41:08
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6:33	3:54:19
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6:39	4:07:47
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6:40	4:34:35
6:54	4:41:29
6:40	4:48:10
6:37	4:54:47
6:54	5:01:42
6:45	5:08:27
6:51	5:15:19
6:58	5:22:17
6:53	5:29:11
7:09	5:36:20
7:03	5:43:23
7:05	5:50:29
6:59	5:57:29

181 Lindström Anders

Umara Sports Club

4:15	4:15
6:58	11:13
6:45	17:58
6:56	24:55
7:27	32:23
6:55	39:18
6:54	46:12
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7:01	1:00:40
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6:54	1:29:05
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7:02	2:26:53
6:59	2:33:53
7:35	2:41:28
7:05	2:48:33
7:34	2:56:07
7:18	3:03:25

7:43	3:11:08
7:40	3:18:49
9:29	3:28:19
9:40	3:37:59
9:51	3:47:51
9:30	3:57:21
9:47	4:07:09
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10:05	4:38:13
10:11	4:48:25
10:23	4:58:49
9:50	5:08:39
9:58	5:18:37
9:57	5:28:35
9:44	5:38:19
9:43	5:48:02
9:34	5:57:37

220 Stenemo Rasmus

Axa Sports Club

3:34	3:34
6:11	9:45
6:05	15:50
6:02	21:53
5:58	27:51
5:59	33:51
5:56	39:48
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5:57	51:43
5:51	57:35
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6:01	1:09:38
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6:19	2:11:03
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6:24	2:36:18
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7:08	5:06:25

	7:15	5:13:40
	7:00	5:20:41
	7:15	5:27:56
	8:00	5:35:56
	7:25	5:43:21
	7:28	5:50:50
	7:11	5:58:02

99 Book Kaarlo

SOK Knallen

	4:57	4:57
	8:20	13:18
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	9:33	4:36:03
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	10:29	5:19:01
	10:07	5:29:09
	9:05	5:38:14
	10:57	5:49:11
	8:51	5:58:03

192 Meyer Peter

Göteborgs Atlet & Triatlonsällskap

	4:13	4:13
	6:57	11:10
	7:02	18:12
	7:00	25:13
	7:06	32:19
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	7:14	46:42
	7:42	54:24
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	7:29	1:09:12
	7:31	1:16:44
	7:33	1:24:17
	6:47	1:31:04
	7:11	1:38:16
	6:59	1:45:15
	7:08	1:52:24

7:01	1:59:25
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7:15	2:14:06
7:20	2:21:27
7:26	2:28:54
7:38	2:36:32
7:53	2:44:26
7:51	2:52:18
7:53	3:00:11
8:21	3:08:33
9:04	3:17:37
9:55	3:27:32
11:22	3:38:55
10:25	3:49:21
12:23	4:01:44
10:48	4:12:33
10:04	4:22:38
9:49	4:32:28
10:11	4:42:39
8:27	4:51:06
8:18	4:59:25
9:37	5:09:02
9:46	5:18:49
8:10	5:26:59
8:26	5:35:25
8:41	5:44:07
7:24	5:51:31
6:39	5:58:11

134 Gunnarsson Thomas

Team Trelleborg Triathlon

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7:14	41:41
7:07	48:49
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7:06	1:46:33
7:06	1:53:39
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6:56	2:28:49
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7:24	2:43:06
6:59	2:50:05
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8:51	4:12:48
9:19	4:22:07
8:51	4:30:58

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	10:08	4:50:43
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115 Ekman Mattias	Apladalens Löparklubb	
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	6:17	16:18
	6:19	22:37
	6:23	29:01
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	6:39	42:14
	6:46	49:01
	6:49	55:51
	6:45	1:02:36
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132 Gucwa Gregor	Romerike Ultraløpperklubb	
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	9:07	55:41
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9:40	5:50:25
7:58	5:58:23

233 Valkama Mika

Löddeköpinge

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7:45	4:36:04
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6:37	5:58:29

105 Christensson Lars

IS Göta Helsingborg

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7:17	5:36:47
7:10	5:43:58
7:14	5:51:13

147 Inge Jansson Sven	7:25	Mariestad Aif	5:58:38
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179 Lindqvist Micael		Apladalens LK	
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6:20	5:52:45
5:56	5:58:42

238 Carlmark Peter

Axa

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6:30	30:53
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7:02	2:44:02
7:10	2:51:13
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8:59	4:32:53
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9:27	5:11:45
9:56	5:21:41
10:06	5:31:48
9:32	5:41:20
9:09	5:50:29
8:13	5:58:43

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Solvikingarna

4:08	4:08
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6:43	17:32
6:56	24:29
6:49	31:18
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8:44	5:24:44
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8:48	5:42:26

	8:52	5:51:18
	7:26	5:58:45
135 Gustavsson Owe	Apladalens LK	
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152 Johansson Lars-Åke	Solvikingarna	
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SOK Knallen

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191 Medrala Robert	Falkenberg's RR	
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225 Svensson Hannes	Lonesome runners	
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	Justerat varv	
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Team kutatillpuben

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7:03		1:37:49
7:55		1:45:44
7:18		1:53:03
6:58		2:00:01
7:01		2:07:03
7:53		2:14:56
8:07		2:23:04
7:51		2:30:55
7:56		2:38:52
8:14		2:47:07
8:17		2:55:24

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	8:51	3:13:36
	14:31	3:28:07
	16:17	3:44:25
	14:18	3:58:43
	12:19	4:11:02
	13:46	4:24:49
	10:19	4:35:08
	9:50	4:44:59
	8:38	4:53:37
	8:08	5:01:46
	12:42	5:14:28
	10:08	5:24:37
	8:57	5:33:34
	10:38	5:44:12
	7:36	5:51:49
	7:30	5:59:19
140 Hermansson Per	Ingen Klubb	
	4:42	4:42
	7:41	12:23
	7:42	20:06
	7:41	27:47
	7:50	35:38
	7:35	43:13
	7:36	50:49
	7:49	58:39
	7:22	1:06:01
	8:31	1:14:33
	7:28	1:22:02
	7:53	1:29:56
	7:27	1:37:23
	7:46	1:45:10
	7:26	1:52:36
	7:55	2:00:32
	7:27	2:07:59
	8:01	2:16:00
	7:31	2:23:32
	7:57	2:31:30
	7:30	2:39:00
	8:01	2:47:01
	7:30	2:54:32
	8:10	3:02:42
	7:31	3:10:14
	7:56	3:18:10
	7:32	3:25:43
	8:32	3:34:15
	9:38	3:43:53
	8:12	3:52:06
	8:56	4:01:02
	8:59	4:10:02
	8:17	4:18:19
	10:22	4:28:42
	10:08	4:38:50
	8:59	4:47:49
	9:08	4:56:58
	9:09	5:06:07
	9:03	5:15:11
	9:10	5:24:22
	8:59	5:33:21
	8:45	5:42:07
	8:41	5:50:48
	8:33	5:59:21
104 Carlsson Tommy	Lonesome Runners	
	5:15	5:15
	7:30	12:45

7:08	19:54
6:55	26:50
6:57	33:47
6:56	40:44
6:59	47:44
6:54	54:39
6:51	1:01:30
7:02	1:08:33
6:51	1:15:24
6:55	1:22:19
6:58	1:29:18
7:03	1:36:21
7:05	1:43:27
6:57	1:50:24
7:38	1:58:03
7:05	2:05:08
7:08	2:12:16
7:04	2:19:21
7:12	2:26:34
7:12	2:33:46
7:07	2:40:54
8:00	2:48:55
7:26	2:56:21
7:35	3:03:56
7:21	3:11:18
8:40	3:19:59
7:35	3:27:35
10:18	3:37:53
7:10	3:45:03
7:16	3:52:19
8:06	4:00:26
9:21	4:09:48
7:59	4:17:47
8:56	4:26:43
9:38	4:36:21
9:06	4:45:27
11:16	4:56:43
9:48	5:06:32
8:22	5:14:55
9:48	5:24:43
10:36	5:35:19
8:35	5:43:55
8:08	5:52:04
7:24	5:59:28

96 Blom Joel

SOK Knallen

4:20	4:20
6:57	11:18
6:58	18:16
7:01	25:18
7:00	32:18
6:58	39:17
7:02	46:20
6:59	53:19
6:58	1:00:18
6:53	1:07:11
7:41	1:14:53
7:09	1:22:03
7:01	1:29:04
6:56	1:36:00
6:53	1:42:54
6:53	1:49:47
7:10	1:56:58
6:51	2:03:50
6:59	2:10:50
6:56	2:17:46

6:56	2:24:43
6:57	2:31:41
7:39	2:39:21
7:00	2:46:21
7:11	2:53:33
7:12	3:00:45
7:04	3:07:50
7:10	3:15:01
7:07	3:22:09
7:16	3:29:25
7:14	3:36:40
7:17	3:43:57
7:23	3:51:20
7:59	3:59:19
10:01	4:09:21
7:29	4:16:51
7:34	4:24:25
7:47	4:32:12
7:53	4:40:06
7:17	4:47:23
9:28	4:56:52
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7:49	5:12:07
7:27	5:19:35
8:07	5:27:42
8:05	5:35:48
8:00	5:43:48
7:50	5:51:39
7:52	5:59:31

235 Druvva Jimmy

Umara Sports Club

5:01	5:01
7:52	12:53
7:57	20:50
7:54	28:45
8:10	36:55
8:03	44:58
7:54	52:53
8:28	1:01:21
7:57	1:09:18
7:51	1:17:10
8:45	1:25:55
7:42	1:33:37
8:02	1:41:40
7:45	1:49:26
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7:48	2:05:17
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8:23	2:29:33
7:48	2:37:21
7:46	2:45:08
7:55	2:53:04
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7:50	3:58:56
7:56	4:06:52
8:10	4:15:03
8:02	4:23:06
8:39	4:31:46
8:17	4:40:03

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	7:58	5:13:05
	8:01	5:21:07
	8:48	5:29:55
	7:54	5:37:49
	7:35	5:45:25
	6:54	5:52:19
	7:13	5:59:32
197 Ohlsson Thomas	Apladalens LK	
	4:09	4:09
	6:55	11:05
	6:51	17:57
	6:45	24:42
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	6:38	1:12:52
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	6:45	2:00:50
	7:13	2:08:03
	6:50	2:14:53
	7:00	2:21:54
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	6:49	2:36:19
	7:12	2:43:31
	6:49	2:50:21
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	7:14	3:41:07
	8:00	3:49:08
	7:55	3:57:04
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	8:20	4:37:46
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	8:05	5:11:02
	8:06	5:19:08
	8:02	5:27:11
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	8:13	5:51:51
	7:43	5:59:35
213 Ringström Magnus	Solvikingarna	
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	6:29	16:54
	6:39	23:34

6:26	30:00
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6:37	1:28:28
6:35	1:35:04
6:50	1:41:55
6:50	1:48:45
6:49	1:55:35
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7:44	2:10:09
6:38	2:16:47
6:43	2:23:31
7:31	2:31:03
6:59	2:38:02
7:03	2:45:06
7:09	2:52:15
6:55	2:59:11
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7:12	3:56:21
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7:37	4:19:29
7:36	4:27:05
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8:10	4:42:46
7:23	4:50:10
7:40	4:57:50
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7:41	5:30:22
7:23	5:37:45
8:04	5:45:50
7:14	5:53:04
6:39	5:59:43

155 Jonsson Michael

Axa Sports Club

5:09	5:09
7:44	12:54
7:31	20:25
7:24	27:50
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7:15	42:33
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7:10	1:49:39
7:07	1:56:47
7:47	2:04:35

7:14	2:11:50
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8:12	3:35:48
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9:06	4:52:09
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10:22	5:14:11
8:44	5:22:56
10:17	5:33:13
8:54	5:42:07
9:45	5:51:53
7:52	5:59:45

167 Köhler Matthias

Lonesome Runners

4:43	4:43
7:36	12:19
7:38	19:58
7:58	27:56
7:55	35:52
8:13	44:05
8:00	52:06
8:02	1:00:08
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8:00	1:16:35
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8:33	2:32:08
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9:18	2:59:55
8:40	3:08:36
8:50	3:17:26
10:20	3:27:46
11:05	3:38:51
9:58	3:48:50
11:46	4:00:36
10:09	4:10:46
10:14	4:21:00
10:57	4:31:57
10:40	4:42:37
9:45	4:52:23
10:58	5:03:21
9:13	5:12:35
9:13	5:21:49
9:17	5:31:07

	9:35	5:40:42
	9:51	5:50:33
	9:12	5:59:46
157 Josesson Tobbe	JJ's Däck/BestDrive	
	4:47	4:47
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	7:29	19:49
	7:25	27:15
	7:29	34:44
	7:28	42:13
	7:31	49:44
	8:49	58:34
	7:31	1:06:05
	7:29	1:13:34
	7:22	1:20:56
	7:29	1:28:26
	9:56	1:38:23
	7:08	1:45:31
	9:52	1:55:24
	7:09	2:02:34
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	8:20	2:56:09
	10:53	3:07:02
	13:09	3:20:12
	14:17	3:34:29
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	9:22	3:53:18
	10:25	4:03:43
	9:06	4:12:50
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	10:31	4:55:01
	10:40	5:05:41
	9:38	5:15:20
	9:50	5:25:11
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	9:13	5:43:28
	8:54	5:52:22
	7:24	5:59:47
84 Ahlzén Charles	Hestra	
	3:35	3:35
	6:05	9:41
	6:04	15:45
	6:00	21:46
	6:04	27:51
	6:03	33:54
	6:07	40:02
	6:08	46:11
	6:04	52:15
	6:02	58:17
	6:03	1:04:21
	6:06	1:10:27
	6:07	1:16:35
	6:09	1:22:44
	6:14	1:28:59
	6:10	1:35:09
	6:07	1:41:16
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	6:10	2:00:20

6:04	2:06:24
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7:24	4:49:25
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6:38	5:33:48
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7:31	5:47:53
6:19	5:54:13
5:36	5:59:49

231 Turbo Johansson Mattias

Lonesome Runners

4:36	4:36
6:43	11:19
6:23	17:42
6:26	24:08
6:17	30:26
6:29	36:56
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7:09	2:06:57
6:41	2:13:39
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6:56	2:26:54
6:45	2:33:40
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7:19	2:55:37
7:35	3:03:13

7:50	3:11:04
7:58	3:19:02
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8:18	5:24:15
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9:30	5:42:17
9:24	5:51:41
8:11	5:59:52

243 Åhsberg Magnus

Apladalens LK

3:34	3:34
6:01	9:36
5:57	15:34
5:44	21:18
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5:45	1:08:39
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6:00	1:32:34
6:04	1:38:38
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6:08	1:50:48
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6:02	2:03:32
6:08	2:09:40
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6:08	2:21:49
6:02	2:27:51
6:09	2:34:01
6:11	2:40:12
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6:46	5:19:27
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